

LOCAL LYNX

BALE - BINHAM - COCKTHORPE - FIELD DALLING
GUNTHORPE - LANGHAM - MORSTON
SAXLINGHAM - SHARRINGTON - STIFFKEY

ISSUE 140
October -
November
2021



Blakeney Point, November 2018

Acupuncture at
Holt Holistic Centre 健康
Alison Courtney BScHonAc

I am an experienced acupuncturist working in Holt. My background was in nursing then midwifery prior to becoming an acupuncturist. If you need more information on acupuncture, I am happy to talk it through with you. For appointments call the clinic on 01263 711898. Home visits may be available.

Member British Acupuncture Council
Holt Holistic Centre Mobile 07790 264515
10 Station Road Holt alisoncourtney3@gmail.com
Tel 01263 711898

n i c k h a m o n d
F U R N I T U R E

high quality cabinet-maker

- all projects considered
- prototyping
- artist technician
- traditional and contemporary
- 25 years experience

to view work visit www.bluejacketworkshop.co.uk

nick@bluejacketworkshop.co.uk
01263 740144 / 07554 304010



HINDRINGHAM TODDLER
GROUP 0-4 YRS
EVERY FRIDAY 9am-11am

HELD AT HINDRINGHAM PRIMARY SCHOOL,
WELLS ROAD, NR21 0PL - TERM TIME ONLY

9am - 10am: Free play in school hall
10am - 11am: EYFS Teacher led activities in KS1 classroom
MESSY PLAY • ART AND CRAFTS • STORY READING
WATER PLAY • MUSIC • ROLE PLAYING • AND MUCH MORE...
TIME TO SOCIALISE, LEARN AND HAVE FUN!!



Only £1 per family including
snack and refreshments
For further details contact
Lucy Fox on Tel: 07925 316873



Morston Boat Yard

Indoor and outdoor storage for boats and trailers
Marine Engineers - outboard and inboard engines

Yachts, motor cruisers, ribs, tenders, day boats

Repairs, refits, service, launch and recovery

&

Land Rover Defender and Series vehicles
Repair, service, rebuild and restoration
at our workshop in Wiveton

Henry Archer - 07786 092405
henry@archerengineering.co.uk

**ADS DIRECTORY now on back page and at
www.locallynx.co.uk**

WHAT'S ON

VH = village hall

OCTOBER

- 1st Fri. **Binham** Passion Play 2022 Planning Meeting, BP 6.30pm
2nd Sat. **Bale** Harvest Supper, VH 7pm
3rd Sun. **Binham** Harvest Thanksgiving, BP 11am
3rd Sun. **Binham** Harvest Lunch, MH 12.30pm
7th Thu. **Sharrington** Craft Group, VH 2pm
8th Fri. **Bale** Fish and Chips, VH 7pm
9th Sat. **Binham** Village Quiz and Supper, MH 7pm
9th Sat. **Langham** Clearance Sale, VH 10am -12 noon
12th Tue. **Sharrington** Jammin for scones, VH 2-4pm
16th Sat. **Bale** Flower Arranging Demonstration, VH 3pm
16th Sat. **Morston** Shovell Dinner talk by Charlie Ward, Anchor Inn 6.30pm
17th Sun. **Field Dalling** Harvest Festival, St Andrew's Church 11am
20th Wed. **Sharrington** Gardening Group Talk, VH 6.30pm
21st Thu. **Binham** and Hindringham Open Circle, Harvest Supper, HVH 7.15pm
31st Sun **Langham** Halloween Party, VH

NOVEMBER

- 4th Thu. **Sharrington** Craft Group, VH 2pm
7th Sun. **Binham** Gresham's School Choir and Orchestra including Faure's Requiem, BP tbc
8th Mon. **Field Dalling** Parish Council Meeting, VH
9th Tue. **Sharrington** Jammin for scones, VH 2-4pm
12th Fri. **Bale** Fish and Chips, VH 7pm
12th Fri. **Sharrington** Gardening Group Talk, Binham MH 6.30pm
14th Sun. **Binham** Priory Church, Remembrance Sunday, War Memorial and BP 10.45am
18th Thu. **Binham** and Hindringham Open Circle, Craft evening, HVH, 7.15pm
18th Thu. **Sharrington** Music Night, VH 7.30pm
20th Sat. **Binham** Christmas Fair, MH 9.30-2pm
27th Sat. **Bale** Quiz Night, VH 7.30pm
27th Sat. **Binham** Friends of Binham Priory, *A talk by Peter Brookes*, MH 6.30 for 7pm
27th Sat. **Field Dalling** Christmas Fair, VH
27th Sat. **Sharrington** Christmas Fayre, VH 10.30am

REGULARS

- Tuesdays **Binham**, Art Group BMH 9.30am to 12.30pm
1st and 3rd Tuesdays in the month **Binham**, Sew and Natter, The Gallery in the Chequers, 7-9pm
Wednesdays term time **Binham** Youth Group, BMH 6-8pm
3rd Wednesday in the month, **Binham**, Cosy Club, BMH, 2-4pm
4th Thursday in the month **Binham** Local History Group BMH 7.30pm
1st & 3rd Saturdays in month **Langham** Coffee Mornings, VH 10am -12noon **Re-starting 2nd October**

POST OFFICE & LIBRARY BUSES

- Wednesdays **Field Dalling** Mobile Post Office VH 8-8.40am
Wednesdays **Langham** Mobile Post Office VH 8.50-9.20am
Thursdays 14th Oct. & 11th Nov. **Field Dalling** Library Bus, Highfield 16.25-16.45pm
Thursdays 14th Oct. & 11th Nov. **Langham** Library Bus, St.Mary's Estate 15.30-15.50pm; Cornfields 16.00-16.15pm
Thursdays 14th Oct. & 11th Nov. **Morston** Library Bus, Anchor Inn 10.50-11am
Fridays 22nd Oct. and 19th Nov. **Sharrington** Library Bus VH 3.10pm

Local Lynx is a non-profit-making community newspaper for the ten villages of the benefice.

We welcome articles, drawings, photos, poetry and advertisements for publication from all ages but the editor reserves the right to edit or omit submissions. A maximum of 400 words is recommended. Please contact your local rep on their email or phone number listed under your own village heading.

All submissions must go through the village rep. For general information: lynxeditor@pobox.com.

Deadlines for submissions to reps are: 6 January, 6 March, 6 May, 6 July, 6 September & 6 November

CLASH DIARY

If you are arranging a big event, contact your village rep to add it to our clash diary, then check the diary to see what else is going on.

December 2021

- 3rd Fri **Langham** Christmas Light Switch On Blue Bell
4th Sat. **Binham** Christmas Supper, 7pm
4th Sat **Langham** Christmas Fair VH 10am – 12noon
11th Sat. **Binham** Children's Christmas Party, 4pm
11th Sat. **Sharrington** Strawbs Concert, VH 7.30pm
23rd Thu. **Morston** Carol Service 5pm

April 2022

- 11th Mon-14th Thu. **Binham** Priory play, 6.30-8pm

June 2022

- 5th Sun. **Langham** Queen's 70th Jubilee Street Party

July 2022

- 31st Sun. **Binham** Yard Sale 10am – 3pm

August 2022

- 20th Sat. **Langham** Street Fayre

Newsletter and Website Advertising
For enquiries about advertising in Local Lynx, contact Sally Metcalfe: sallymetcalfe@btinternet.com

Rates for advertising (pre-paid) are:

One column x 62 mm (1/8 page): £72 for six issues.

Small Ads Panel on the back page:

Available for individuals and businesses providing local services. Cost: £36 for six issues.

BLAKENEY METHODIST CHURCH

Minister: The Rev'd Cliff Shanganya
8 St. Andrew's Close, Holt. NR25 6EL 01263 712181
Email: CliffShanganya@methodist.org.uk
Samantha Parfitt, Steward/Pioneer Rural Church Planter pilgrimchurchpioneer@outlook.com 07591509653
Sunday: Variable service at 10am see Local Lynx
Thursday: 9.30am Pilgrim Prayers.

ST. PETER'S CATHOLIC CHURCH

Back Lane Blakeney NR25 7NP
Service Times:
Mass on Sunday 11am
Mass on Wednesday 9.30am
Holyday of Obligation 9.30am
www.catholicparishofwalsingham.org

Church Services for Bale and Stiffkey Benefice for October and November 2021

HC=Holy Communion. CFS=Church Family Service. MP=Morning Prayer. BCP=Book of Common Prayer CW- Common Worship

Parish	3 rd October	10 th October	17 th October	24 th October	31st October
Bale	9.30am Harvest Festival		9.30am HC		At Binham
Field Dalling		11.00am CFS	11.00am Harvest Festival	11.00am MP BCP	At Binham
Saxlingham		At Field Dalling	At Field Dalling	At Field Dalling	At Binham
Gunthorpe		11.00am MP BCP	4.30pm Silent Meditation		At Binham
Sharrington	9.30am MP BCP	9.30am HC Harvest Thanksgiving	9.30am MP CW	9.30am HC	At Binham
Binham	11.00am Harvest Thanksgiving	11.00am MP BCP	11.00am MP BCP	9.30am HC	10.30am HC Group Service
Morston	9.30am HC BCP		9.30am MP BCP		At Binham
Langham	At Stiffkey	9.30am Harvest Thanksgiving	At Stiffkey	9.30am MP BCP	At Binham
Stiffkey	9.30am MP BCP	At Langham	9.30am HC	At Langham	At Binham

Parish	7 th November	14 th November Remembrance Sunday	21 st November	28 th November
Bale	9.30am HC	9.30am HC Service of Remembrance	9.30am HC	
Field Dalling		At Saxlingham	At Saxlingham	11.00am MP BCP
Saxlingham		10.45am Service of Remembrance	11.00am HC BCP	At Field Dalling
Gunthorpe		10.50am Service of Remembrance	4.30pm Silent Meditation	
Sharrington	9.30am MP BCP	9.30am HC Service of Remembrance	9.30am MP CW	9.30am HC
Binham	11.00am HC	10.50am HC Service of Remembrance	11.00am MP BCP	9.30am HC
Morston	9.30am HC BCP	3.00pm Service of Remembrance	9.30am MP BCP	
Langham	At Stiffkey	10.50am Service of Remembrance	At Stiffkey	9.30am MP BCP
Stiffkey	9.30am MP BCP	At Langham	9.30am HC BCP	At Langham

Additional Services

Stiffkey: Thursday 11th November, Remembrance Day Gathering at the War Memorial, 10.45am.

Zoom Evensong on October 3rd and November 7th at 5.00pm. For further details please contact Ian Newton on 01328 830947 or email iannewton46@gmail.com.

RECTOR'S LETTER

My Dear Friends and Parishioners,

Off we go to the last few months of the year. But what do years and months matter? They matter very much if you grow crops for profit or raise stock for food, or must meet dates for deals. But otherwise, in a sense, apart from ageing, time does not matter. We are given a space for making friendships and relationships, or simply for living and experiencing the full delight of being alive.

Friendship is a most special thing. It has made my life a joy; and the diminishing of a friendship, though sometimes inevitable, is a sad thing.

As a clergyman I have been blessed with the gift of many friends in many parishes. Some find it easy – I do. Some do not.

But Christ Jesus, approached through prayer, encountered in Holy Writ, and met in worship is the same friend to us all. He brings health, eternal salvation, and life and love to all who would receive him. And we meet him as individuals, as well as members of a Great Family, the Church of God. These words demand capital letters. They are the most important things in life.

In the last few months I have been delighted to conduct many weddings in both my own parishes and in others,

according to the Book of Common Prayer, re-established in 1662. To see and hear, say 60 young people dedicate their entire lives to faithfulness, mutual obedience and true love, in the language of their forbears, has been tremendous. I wish and pray that happiness and health, peace and plenty, laughter and care, be theirs always. As I wish for all my friends and parishioners, and colleagues.

May Almighty God bless and keep you all.

Sung at Binham, 5th September. Words and music Mark Altrogge

You are beautiful beyond description

Too marvellous for words.

Too wonderful for comprehension

Like nothing ever seen or heard.

Who can grasp Your infinite wisdom

Who can fathom the depths of Your love.

You are beautiful beyond description

Majesty enthroned above.

And I stand, I stand in awe of You.

I stand, I stand in awe of You.

Holy God, to whom, all praise is due,

I stand in awe of You.

Yours most truly, Ian Whittle The Rectory, Langham
01328 830246

LOOKING AFTER LOCAL LYNX

Local Lynx is a not-for-profit community paper covering the villages of Bale, Binham, Cockthorpe, Field Dalling, Gunthorpe, Langham, Morston, Saxlingham, Sharrington and Stiffkey.

Published every other month, it contains community news as well as news and articles from each of the villages together with details of church services and news from the local school in Langham.

Currently distributed to over 1,100 households it has an estimated readership of over 2,000 as well as over 800 readers on-line at www.locallynx.co.uk.

The paper is produced entirely by volunteers with the editor supported by village reps who collate the stories, distributors who pop the paper through each letterbox, proof readers who try to catch the typos, a designer who can add style and of course those that write the interesting articles and news.

Financially the paper is supported by the parish councils and parochial church councils of the villages concerned and by the wonderful local businesses who place their adverts with us. We also have great support from our readers. If you like what you read and would like to make a contribution to the running costs of the paper then these can be made by contacting the editor at lynxeditor@pobox.com or by direct bank transfer to: Local Paper a/c 65004288 sort code 09-01-54.

Lynx Internet Banking and Standing Orders

Account number: 6500 4288 Sort code: 09-01-54

East Coast Sailing Barges and the Building of "Juno"



A talk by

Charlie Ward

as part of

THE 2021 SHOVELL DINNER

at The Anchor Inn, Morston
at 6:30pm on Saturday 16th October

TICKETS: £45 each

**From: Peter Tibbetts on 01263 741082
or petetibbetts@aol.com**

All proceeds go to *Friends of Morston Church*
(Registered Charity No.1099831)

COMMUNITY NEWS

INQUIRIES OF THE FAITH

I have been asked to have four Inquiries of the Faith in November. My dining room can seat 18 people. If there are more, we shall go to the church at Langham (warmed). I thought we might look at St. Paul's Letter to the Galatians. No business. Coffee. Sherry?

Dates: Tuesdays – 2nd, 9th, 16th and 23rd, all at 11 o'clock.

The Rev'd Ian Wittle

KEEPING OUR CHURCHES ALIVE IN THE FUTURE

Many people in our villages value the place of the church at the heart of our communities. The Rector is available to all whether churchgoers or not, and the churches are used by many for family occasions such as weddings, baptism and funerals.

However, our parish churches are wholly reliant on what people generously give. There is no state funding.

This has been a challenging time for many charities, not least the church, with fewer opportunities to give through collections. We are very grateful to all who have kindly made donations. You have been hugely generous.

We now ask everyone who wishes, to consider making further donations, preferably on a regular basis, to secure the work of the church in future. If you would like to do this, please contact your parish treasurer who will be pleased to provide the necessary forms for single or regular gifts. Where relevant the value of your gift can be increased by 25% through the gift aid scheme.

A regular donation of £10 a month, with gift aid, amounts to £150 a year.

If you would prefer to speak or write in the first instance to the Rector, his telephone number is 01328 830246 and his address is The Rectory, Langham, Holt, NR25 7BX.

Bale: Martin Moore martinrmoore@live.co.uk

Binham: Neil MacArthur nmacarth@gmail.com

Field Dalling: Ian Newton iannewton46@gmail.com

Gunthorpe: c/o The Rev'd Ian Whittle

therectory.langham@hotmail.co.uk

Langham: Ann Sherriff candasherriff@hotmail.com

Morston: Anne Rolfe annerolfe45@gmail.com

Saxlingham, Liz Peart elizabethpeart@btconnect.com

Sharrington: Martyn Sloman martynsloman@me.com

Stiffkey: Heather Harrison heatherjh16@gmail.com

DISTRICT COUNCILLOR'S REPORT

...from Victoria Holliday

I hope you've all had a great summer. There certainly were a lot of visitors, which our businesses welcomed. We did have a few problems of traffic

DUNCAN BAKER M.P.

N. Norfolk Conservative Assoc: 01692 558458

www.duncanbaker.org.uk

JEROME MAYHEW M.P.

Broadland Conservative Assoc: 01603 865763

www.broadlandconservatives.org.uk

gridlock and litter, but overall, I think the season was a success.

From NNDC:

The budget outturn 21/22 shows a £750,000 underspend which is good considering what a chaotic year it was with Covid. This position is largely due to £126 million of Covid government grants, which NNDC very efficiently disbursed. The final £750,000 still is to be spent.

We are awaiting the result of the Community Renewal Fund Programme for Fakenham which will scope urban regeneration which will benefit us all.

The new swimming pool in Sheringham, The Reef, opens at the end of September/early October.

Watch out for the new Local Plan coming out later this year for consultation. This will form the basis of planning decisions for the next five years and is therefore worth commenting on.

Are the villages along the coast ready for the start of the storm season? The Civil Contingencies Manager at NNDC is unfortunately off long term so they should be communicating cover arrangements for events above Flood Alert level with you. Let me know if this hasn't happened or if you need any more information/support from NNDC.

I spoke about long emergency ambulance response times in our patch at Norfolk County Council Health Overview and Scrutiny Committee. Wells is still the worst affected postcode, followed by the Walsingham. There has been no improvement over the last two years but it's difficult to separate the effects of Covid from the other host of issues. Certainly, all parts of the health system are under pressure right now but that shouldn't discourage you from seeking help. Our North Norfolk Ambulance Response Times Working Group is encouraging the retention of the paramedics in cars and a new resource for Wells.

Do get in touch with me if you have any issues within the District Council's control.

Dr Victoria Holliday, Coastal Ward 07557054629 or victoria.holiday@north-norfolk.gov.uk.

District Councillors' Contact Details:

Richard Kershaw e:richard.kershaw@north-norfolk.gov.uk
(Binham, Cockthorpe, Field Dalling, Gunthorpe & Bale, Langham & Saxlingham)

Andrew Brown e:andrew.brown@north-norfolk.gov.uk
(Sharrington) 07970 298695

Victoria Holliday: (Morston & Stiffkey)
victoria.holiday@north-norfolk.gov.uk

County Councillors' contact details:

www.norfolkwoodburners.co.uk



Norfolk Woodburners offer the best local service for the supply and installation of:

- Wood Burners & Multi-Fuel Stoves
- Main agents for Aga, Hunter & Cleanburn Stoves
- Chimneys Lined
- No Chimney, No Problem
- Fireplaces Enlarged

t: 01328 700161 m: 07966 661175

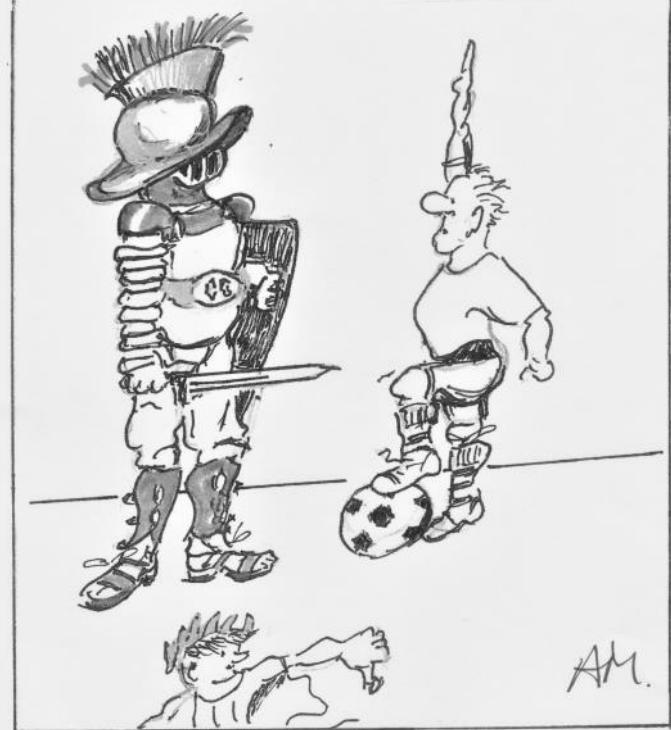
e: norfolkwoodburners@outlook.com



The Romans in Norfolk (part XXV)

Q: Why did they fall out with Boudicca's native Brits?

A: An inability to agree the basic rules of competitive games.



©Andrew Moncur

Michael Dalby: County Councillor Wells Division - Glaven, Priory and Walsingham Parishes (incl. Binham & Cockthorpe, Brinton & Sharrington, Field Dalling & Saxlingham, Langham, Morston, Stiffkey)

Steffan Aquarone: County Councillor Melton Constable Division (incl. Bale and Gunthorpe Parishes)
steffanaquarone@gmail.com or 07879 451608

DR. MARIE STRONG PRESENTATION

For around 12 years Dr. Marie Strong represented the Wells Division of Parish Councils, and their residents, at Norfolk County Hall.

Dr. Marie & Mike Strong

She worked tirelessly during those years on behalf of her constituents. She rarely missed a Parish Council meeting of her 20 Parishes in the Division, often travelling between two



SANDRA'S SOFT FURNISHINGS

Handmade Curtains,
Roman Blinds, Cushions, etc.

Telephone: 01263 862899

Mobile: 07780 447241

sandrasfurnishings@yahoo.co.uk

Instagram @ sandrassoft

meetings in one evening, ably assisted by her husband, chauffeur and consort, Mike. She fought many a battle on behalf of these Parishes, never ducking from confronting those in power, where she felt they were not working hard enough for her parishioners. She would never let an issue be swept under the carpet, so would continue to badger any bureaucrat that might have misjudged her resilience, and all done in the most polite manner never getting angry, but just determined.

So it was with great sadness that these Parish Councils learnt in May this year that she had decided to step down from the Council.



her with a beautiful pair of teak garden chairs with small table and to wish her well in retirement.

WEA WELLS BRANCH

Up & Running

After what seems like an eternity we're pleased to say that the Wells branch of WEA is back in business. We're planning a gentle start with a day school on Saturday 13th November. "From Stage to Screen" is about adapting plays for the cinema. Starting with Shakespeare's plays, and ranging across the output of a variety of the 20th century's greatest dramatists, we will analyse and compare a selection of clips and explore how and why movie studios, directors and writers have used theatrical works and musicals as the source and inspiration for so many films since the earliest days of cinema. Our tutor will be Norfolk-based Stephen Poulter who spent 15 years working for the BBC, initially in TV Drama and then as a producer with BBC Films.

Thanks to the generosity of the Maltings Trust the day school will be held in the main auditorium of Wells Maltings. This change to our normal venue has a great many advantages: we will be able to use the building's state of the art projection and sound systems; there is plenty of space for attendees to socially distance – or not - as they choose; the building has a highly efficient 'outside air' ventilation system; there is in-house catering and there are plenty of toilets. It is as Covid secure as any public building can be. That said, although mask wearing is no longer obligatory in the Maltings, we do recommend that masks are worn.

This day school will cost £18 and will run from 9.45am

Marianne Atherton M Sc LCPH MARH

Registered Homoeopath

Homoeopathy in GUNTHORPE for all the family

For information, advice or to book an appointment contact me:

TELEPHONE: 01263 860076

MOBILE: 07500 837 433

EMAIL: marianne_atherton@live.co.uk

www.marianne-homoeopath.co.uk

until 4.00pm with a one hour break for lunch. You can enrol online by going to www.wea.org.uk/eastern and entering 'Wells-next-the-Sea' in the 'town/postcode' box at the top of the page. This will take you to the Wells courses. Click on the 'view details' button next to the 'Page to Screen' course and then click the 'Enrol online' link. Alternatively you can enrol by phoning 0300 303 3464. For help, advice or further details please contact Annie Whitelaw on 07856 792186 or email anniewhitelaw53@icloud.com. And please remember, these courses are open to everyone; you don't need to be a member of WEA or one of our regulars, and anyone claiming benefits can attend for free.

DARK SKIES FESTIVAL

The Norfolk Coast Dark Skies Festival is returning for its 3rd year this autumn. With an emphasis on wildlife and the dark, a range of face-to-face and online events will include wildlife walks at night, stargazing, soundwalk, talks, podcasts and activities. The 2-week long festival launches on Saturday 25th September at Thornham Village Hall and will celebrate the stunning dark skies and landscapes of the area as well as raise awareness about issues of increasing light pollution.

We are really lucky as the Norfolk Coast is one of the darkest areas in the UK. This contributes towards the rural character and feelings of remoteness and tranquillity that we enjoy here. Our wildlife also benefits enormously from the dark night-time – whether they use it to hunt, to hide from predators, reproduce, migrate or simply to sleep like we do.

Unfortunately, light pollution can have a negative effect on our wildlife, our well-being and the rural atmosphere of the coast. Through this festival we can discover the wonders of our environment after dark and learn how we can all do our bit to preserve the night skies. We're very interested in talking to parish councils, businesses and organisations who are keen to become more dark skies friendly.

More information, event listings and booking details can be found on the Norfolk Coast Partnership website <http://www.norfolkcoastaonb.org.uk/partnership/dark-skies-festival-25-sep-10-oct-2021/1229>.

More information about dark skies and what you can do can be found at <http://www.norfolkcoastaonb.org.uk/partnership/dark-skies/1120>.

The Norfolk Coast Partnership (NCP) manage the Norfolk Coast Area of Outstanding Natural Beauty (AONB). Any queries about the festival can be sent to us at aonb@norfolk.gov.uk.

GLAVEN GARDENS

- Paths, patios, retaining walls, etc.
- Garden clearance and renovation
- Design and planting of beds and borders
- Wild flower meadows
- Hedge trimming
- New Lawns
- Based in Bale

07395 766598

www.glavengardens.co.uk

FARMING UPDATE JULY – AUGUST 2021

A dry ‘wet’ harvest

Another summer passed and another harvest now in the shed. This harvest has fallen very much into line with the rest of the year with unusual weather making things rather tricky. We would normally expect to finish combining before the end of August, so to be finishing around the 10th of September is rare these days. Grain must be stored with a moisture content of less than 15% and this figure is influenced primarily by the prevailing conditions at the time of harvest. Very hot, sunny weather with a good breeze could see moisture content falling to around 10% in the field, but after a rain or heavy dew, this might climb to as high as 30%, so there is quite a lot of variation.

As many of you will have noticed, this summer, although not actually receiving much rain, was plagued by cloud, drizzle and cool temperatures, all of which meant the grain tended to be around the 17-25% moisture mark – not a lot of good for storing. However, it is possible to dry grain once harvested and this is usually done one of two ways: the first is by placing the grain in a drying shed. This is a barn with a slatted floor, under which air ducts run, which are fed by a very large fan complete with a gas burner to dry the incoming air. It is effectively like underfloor heating but using air instead of hot water – the dry air is pushed up through the grain heap, wicking away moisture as it goes. The second method is to use a grain drier. This is a tall, metal structure with many air ducts running through its core. Very hot air – up to 120°C – is drawn through these ducts, heating them and the surrounding air within the drier. Wet grain is dropped into the top of the drier and it cascades down through the ducts, drying as it goes.

Both these drying methods give farmers the flexibility to harvest when conditions are not entirely suitable, but they require large amounts of energy to make them work, so it is always preferable to have a dry harvest. Furthermore, wet straw going through the combine is harder to thresh and makes the cutting much slower, so it is generally much harder work to have a damp harvest. On the plus side, the cooler weather has meant more moisture left in the soil, which should help the new season crops to get away. With any luck a nice warm autumn will make up for a disappointing summer.

Jono Darby Albanwise Farming Manager



REFLEXOLOGY

PHILLIPPA STANCOMB MBSR HAR

A NATURAL THERAPY FOR MANY CONDITIONS

*Including: Back problems and Muscular pain
Poor circulation, Digestive disorders
Emotional Fatigue and Insomnia*

Myrtle Cottage, Chapel Street, Wiveton, Holt NR25 7TQ

Tel: 01263 740596
email: reflex@waitrose.com

BLAKENEY FILM NIGHT

We hope to re-launch film nights at Blakeney Village Hall soon.

To help us with this, we would like to substantially expand our existing team to allow volunteers some flexibility in covering the sessions.

If you would like to be involved in any way – from helping with the film selection process, to promotion, distribution, hall set-up, refreshments, bar, projection, etc., then come along to a meeting at Blakeney Village Hall on Friday 19th November, 6.30 for 7pm.

Please join us for a glass of wine or a cuppa to find out more from the current Film Night Team. And, if you can't make it but are interested please call Jill on 01263 741082 instead.

BALE

Contact: Maggie Thomas 01328 822481
maggie2403@icloud.com

BVH BBQ A1

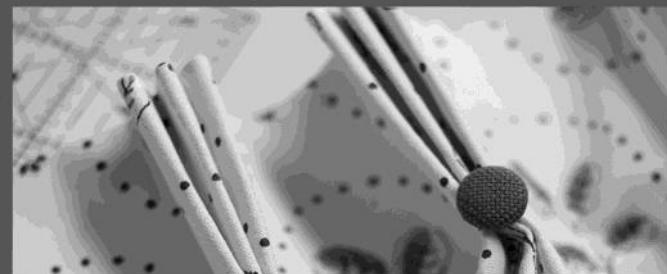
Don't you just hate acronyms?

To translate: the annual Bale Village Hall barbecue on Bank Holiday Saturday was a grade A, five-star, rip-roaring success.

It took the place of the planned grand reopening of our much-loved village hall, which was to have been a pizza and prosecco night, free to Bale residents. Having been scheduled for 17th July, two days before 'Freedom Day', it became one of Covid's many casualties.

The delay added to the excitement of finally getting together and delighting in what has become the

CURTAINS | BLINDS | FABRICS



PHILLIPPA KIRBY
SOFT FURNISHINGS

Beautifully handmade for you in North Norfolk

**CURTAINS ROMAN BLINDS
CUSHIONS VALANCES BEDCOVERS
RE-UPHOLSTERY**

Home consultation | Fabric studio
Experienced, friendly, local service

01328 613001

www.phillippakirby.co.uk | info@phillippakirby.co.uk



customary amazing banquet cooked up by Alastair and his talented team. You are all wonderful! The lamb was cooked to perfection and accompanied by a fabulous range of tasty and unusual vegetarian dishes and salads.

Paul had worked magic with the prosecco - or he can't count to two. We had been promised two glasses each but . . .!

As always in Bale, there was no shortage of willing hands to set up and clear away. Thank you to everyone who helped.

At last we could put faces to the names in the village WhatsApp group. It was great to welcome so many newcomers and we look forward to seeing you all again at fish and chip nights and all our future events.

Anne Peppitt

WILD BALE

The bigger picture

On the 22nd/23rd August this year I was bird watching on Blakeney Point, as I often do, when there was a fall of Scandinavian migrants in the bushes and dunes. These included an Icterine Warbler, a Red-backed Shrike and at least four Wrynecks. While watching one Wryneck with one of the young rangers on the Point, I explained that the Wryneck used to be a regular breeding bird in England until the 1970s when we lost other species including Red-backed Shrike. Now in the 2020s we are seeing the decline of many more species including Corn Bunting and Turtle Dove.

The impact of climate change is still not clearly understood and we seem to have been taken by surprise by the speed at which the earth is warming and the colossal impact it will have in the next few decades. One indicator of this is the reduced number of House Sparrows in the UK. The House Sparrow population has declined by 22 million over the last 50 years and this decline is now accelerating. Climate warming has caused the invasion of southern avian species from Europe and this has impacted our own bird populations, an example being the Mediterranean Gull which has colonised parts of southern and eastern England, eating the eggs and young of nesting terns.

Our ancestors walked the earth about six million years ago. *Homo sapiens* has been in existence for a mere 300,000 years. Songbirds have existed for 30 million years but we are likely to have driven one in

BURNHAM MOTORS GARAGE LTD

CREAKE ROAD, BURNHAM MARKET PE31 8EA

01328 738387

www.burnhammotorgarageltd.com
✉ stevemotors@aol.com



RETAIL MOTOR INDUSTRY FEDERATION

ALL MAKES SERVICING & REPAIR, M.O.T.'S, TYRES, EXHAUSTS, AIR-CON,
DIAGNOSTICS & WHEEL ALIGNMENT

ALL OUR WORK CARRIES A 12 MONTH/12,000 MILE GUARANTEE

four bird species to extinction in the next 50 years while the human population is predicted to rise to 11 billion.

There is no easy solution to the climate change facing us but we can all help by supporting the wildlife close to home and improving the plight of our native birds and other wildlife. It is our natural world that will be lost and, if the House Sparrow is an indicator of the state of our planet, then we are in serious trouble.

Paul Laurie

BALE VILLAGE HALL

FUTURE EVENTS

We are now keeping our fingers crossed that the next group of scheduled events will go ahead as planned and be equally successful.

On Saturday 2nd October we have the annual Harvest Supper at 7pm. If you would like to come, please contact Margaret on 01328 878511 or email balevillagehall@gmail.com. The price, to cover food, is £13. Please bring your drink of choice along.

The following day is the much-postponed Village Hall AGM at 2.30pm. This is an open meeting and anyone who would like to contribute ideas or volunteer to help in keeping the village hall on an even keel is very welcome.

Also in October, we are holding a Flower Arranging Demonstration on the 16th at 3pm, in aid of The Treehouse, Holt, a community facility that offers a café, sensory garden, music groups, messy play, story sessions and much more. For a modest donation of £7, you will not only be inspired to make impressive arrangements for your home (or church) by Amanda Seales, who was for many years chairperson of the Holt and District Flower Club, but will be able to enjoy delicious cakes with a cup of tea or coffee. Don't forget to bring change for the raffle as the arrangements created will be among the prizes. To book, email Maggie on maggie2403@icloud.com.

The gauntlet is again being thrown down with the return of Bale Quiz Night on 27th November at 7.30pm. It is to be hoped that some of the new residents will be up to the challenge of knocking Alastair's team off the podium after their (tedious) habit of winning every time! Tickets are £7 including light snacks (BYO drinks) from Paula on 01328 822012 or pjmbale@icloud.com

At the time of writing, the new system for placing your orders for Fish and Chip night on the second Friday of each month has not been tried and tested. The dates for October and November are 8th and 12th respectively so look out for Bale Village WhatsApp messages about how to order or call Anne on 01328 878355.

NEED A GLAZIER ? CALL:

ALLIED GLASS

TRADE & DOMESTIC GLAZING CONTRACTOR
ALL TYPES OF GLAZING WORK UNDERTAKEN
WINDOWS/DOORS/CONSERVATORIES
INCLUDING REPLACEMENT ROOF PANELS & GLAZING BARS
COMPLETE ROOF REBUILDS
DOUBLE-GLAZED UNITS SUPPLIED & FITTED, SINGLE GLAZING,
SASH WINDOW REPAIRS, SECONDARY GLAZING, MIRRORS
ALL WORK GUARANTEED

FREE ESTIMATES, FRIENDLY RELIABLE SERVICE
CONTACT:

MOBILE: 07710 895197
HOME / FAX: 01328 878911

HUNDRED CLUB DRAW RESULTS

If you would like to join the 100 Club, please pay the annual subscription of £12 into a/c 10142182, sort code 20-30-81, using 100 and your surname as the reference. The draw is held on the second week of each month at Fish and Chips in the village hall.

July 2021

Shannon Fuller	£25
Claire Croft	£10
Anne Peppitt	£5
Charlie Mitchell	£5

August 2021

Hannah Letts
Susan Buffifant
Paula Moore
Walter Hammond

BALE BOOK GROUP

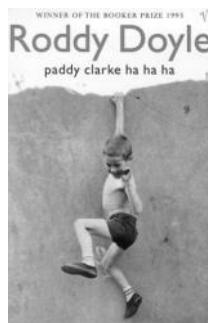
paddy clarke ha ha ha

My turn to choose the book for our last meeting and it has not gone unnoticed that my selections have not gone down well in the past. My enthusiasm for books such as John Banville's *The Sea* was not shared by others in the group. It was shared by the judges of the Man Booker Prize in 2005 but I'll let that one go. We have read a lot of new releases of late so I cast my mind back to authors I had enjoyed in the past and came up with *paddy clarke ha ha ha* by Roddy Doyle. Imagine my surprise when they all enjoyed it!

The events are described in the words of ten-year-old Paddy who lives with his Ma, Da, younger brother and little sisters in a poor Catholic neighbourhood in Northern Ireland in the late 1960s. It examines with great humour and warmth Paddy's relationship with his family and his close friends but does not shy away from the sadism and violence inherent in these relationships alongside the love and intimacy. Doyle paints a vivid picture of the embarrassment that accompanies the onset of puberty, the need to be accepted in one's peer group and the powerlessness of children to change their lot.

A main theme is Paddy's inability to get what he needs from his Da. Paddy is aware of his father's aggression towards his Ma, a gentle, loving woman, devoted to her children, and, movingly, he tries to control their rows by staying awake at night. His fear that they will break up and the effect this has on his life is heart-wrenching.

There is a seam of sadness throughout the book only made palatable by Doyle's clever use of humour. Paddy bullies his younger brother, Francis (nicknamed



'Sinbad' because he has a patch on one lens of his spectacles), putting lighter fuel in his mouth and getting a friend to light it. Yet, secretly, Paddy envies the way in which Sinbad, as a defence against the breakdown of his parents' marriage, has become inured to pain.

Some of the minor characters, such as 'Henno', Paddy's teacher, are the work of genius. Descriptive passages are breath-taking. The book is an insightful study of the way in which a young boy copes with pain and loss: a skilful combination of humour and tragedy that only an author of Doyle's skill could achieve.

Maggie Thomas

ALL SAINTS' CHURCH, BALE

Harvest Festival

Sorry for the short notice but we will be celebrating Harvest Festival on Sunday 3rd October as part of the 9.30am Holy Communion service. As always, we would be grateful for donations of both fresh produce and tinned/packet groceries to decorate the church and afterwards to donate to the Benjamin Foundation in Fakenham. This is a wonderful charity which supports underprivileged young people as they begin independent adult life. Please leave food donations in the church porch on the morning of Saturday 2nd October (Friday would be fine for tins or packets).

We have now established a routine of Holy Communion at 9.30am on the first and third Sundays of the month. We owe thanks to Rev Tim Fawcett, who generously gives his time to maintain regular worship in Bale. The dates will be 3rd/17th October and 7th/21st November. Numbers in the congregation have improved since the relaxation of restrictions and we are now singing heartily but in a socially-distanced configuration!

PM

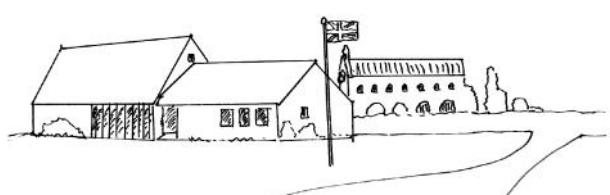
BINHAM MEMORIAL HALL

THE FAVOURITE VENUE FOR
WEDDING RECEPTIONS, PARTIES
AND ALL TYPES OF GATHERING

- FULLY FURNISHED FOR UP TO 150 GUESTS
- REFURBISHED KITCHEN INCLUDING CHINA, GLASSES & CUTLERY
- NEXT TO BINHAM PRIORY, IN ITS OWN PLAYING FIELD
- LOVELY CHILDREN'S PLAY AREA • SPACE FOR MARQUEE
- AMPLE PARKING • STAGE AND LOOPED PA SYSTEM

THE HALL IS A PERFECT MULTI-FUNCTIONAL VENUE FOR
• INDOOR AND OUTDOOR EVENTS
• PARTIES, MEETINGS, SPORTS, LEISURE AND EXERCISE

Find out more and how to hire from our website
www.binhamvillagehall.co.uk
on Facebook or telephone 01328 830519



NORFOLK OPEN STUDIOS
BINHAM, LANGHAM, & HINDRINGHAM
SEPTEMBER 25th - OCTOBER 10th
10.00 - 5.00 p.m.

ROSAMOND ULPH: maps, paintings, prints, cards, glass.

KATRINA WHEELER, MILLY WELBY, AVERIL COOPER,
JOHN HANNYNGTON: ceramics and sculptural forms

FOR OPENING TIMES, PLEASE CHECK OUR WEBSITE
www.norfolkstudios.org.uk

BALE PAINTING GROUP

At the onset of the pandemic our sessions had to stop but now things are at the 'new normal' stage the group has restarted in Bale Village Hall on Mondays from 1pm to 4pm.

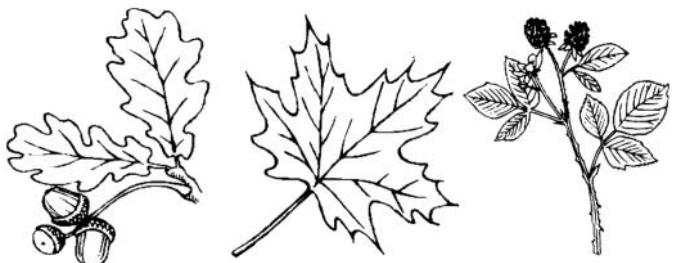
It is great to be painting in a sociable environment and creating images again. We may be immediately satisfied with our pictures or use different techniques and make changes until we are happy with them. Practice makes perfect, says the adage, and copying an existing picture or using photographs is well worth a try. Tutorials in books and magazines or online are also a great way to learn painting methods.

We hold a small number of books and magazines for reference. We also provide a range of acrylic paints and boards for use by the group so you may only need to bring some brushes, an idea for a picture and some enthusiasm to start creating.

We are artists of all abilities and welcome new members so do come along for a chat or just to draw or paint if you are interested.

Email TheBalePaintingGroup@outlook.com.

Peter Jones



A Keeble Roofing Contractor

Strip and re tile specialist.
Established 38 years. Re roofs. New roofs.
Repairs. Guttering and flat roofing.
All work invoiced/guaranteed.

01328 829152 / 07748 845143

DB GARDEN SERVICES

07816 327537
01328 830476
davebgardens@gmail.com



Garden maintenance
One-off / Regular
Contract
Lawnmowing
Ride-on mowing
Hedges
Weed spraying
Small tree work
And more
Experienced
Fully insured
Certified

BINHAM

Contact: Liz Brady 01328 830830
lizsdavenport@gmail.com

JILL BURTON

Jill Burton sadly passed away on September 1st 2021. Jill was 62 and had lived in the same house on Front Street, Binham all her life, staying there after her mother, Dorothy Burton, passed away in 2013. In year's past Dorothy and Jill had held a number of street fairs, raising a significant amount of money for charities, Jill had also, in the past, contributed crochet work for charities.



BINHAM PARISH COUNCIL

So much seems to have happened these last few months and makes it difficult to know how to prioritise the PC's activities. I heard on the radio this morning that we had reached the autumnal equinox, and the day duly presented itself as grey, cold, and windy.

Covid is still with us, the number of cases continue to rise but for those fully vaccinated contracting the virus seems to be less severe than this time last year. 89% of the adult population have now been vaccinated once and 79% twice – a feat in itself. However, there is concern as children and young people go back to school, college, and university that the number of cases will rise again. Much is discussed as preparations are made for the new academic year. The bottom line must be for all of us to always remain vigilant and remain Covid free.

Residents in Binham and Cockthorpe will have noticed the increased volume of traffic these last months, associated with locals and farmers going about their daily business and the influx of visitors. A senior Norfolk County Council Highways Engineer was invited to meet with two PC Councillors to discuss the many challenges aired over recent years. The discussion mainly centred around speeding traffic through the village. The most recent SAM2 report (July 2021) was presented as a summary of average speed and volume of traffic passing through the villages. The officer commented that 'there did not appear to be much of a

Gunthorpe Osteopaths Ltd

40 High Street, Little Walsingham, NR22 6AA

Peggy Corney DO
Rachel Gillender M.Ost

Over 30 years experience in:
Back and neck pain
Joint pain, including arthritis
Headaches
Stress and tension
Sports injuries

We also treat babies and children

Tel: 01263 861184 www.gunthorpeosteopaths.com
email: gunthorpeosteopaths@btconnect.com

problem' but, did acknowledge that 'drivers will exceed the posted limit'. By way of his explanation, speeding in general tends to be local people or those who drive the road on a regular basis, going to and from work or taking children to and from school and not normally drivers new to the area. The notion that additional signage would help is generally found to have very little or no affect. However, an engineer will be delegated to survey the Village traffic signs on and off the road and arrange for replacement or refurbishment as soon as possible. Physical measures such as chicanes or speed bumps was broached but are expensive and poorly suited as a speeding deterrent in busy rural farming areas. Finally, the PC has been recommended to consider forming a Community Speed Watch group, an agenda item for the next PC meeting.

The village is thriving and coming back to life as lockdown was released in time for the summer holidays. Additionally, at least forty new families have settled into the village since the start of the pandemic. The 'Priory Mews' build is complete and fully occupied and at least a dozen other properties in the village have new owners. It is hoped that the 2021 Binham and Cockthorpe's Christmas Parties will provide a belated warm welcome to the community at large and its many activities.

Building projects are springing up throughout the village as new neighbours take on the task of redesigning and or updating their new homes. All such projects are scrutinised by the PC including site visits by a planning subcommittee when and where necessary. Inevitably, these projects cause disruption in terms of delivery of materials, workers vans and their equipment, noise, and access. The PC is especially keen to ensure that the Conservation Area and Area of Natural Beauty in which Binham and Cockthorpe are situated are not compromised by such activity as is the North Norfolk District Council.

Several PC members are in the process of reviewing archived papers to enhance and preserve the villages' historical record. If anyone has documents or photographs that might further enhance this collection and wish to add the archive, please do contact me (Lizsdavenport@gmail.com).

Elizabeth S Brady, Chair Binham PC



Darren Betts Building and Maintenance

2 Bale Road
Sharrington
Melton Constable
NR24 PF
01263 861281
0788 184 1917
bettsdarren@aol.com

CPR AND BASIC LIFE SUPPORT TRAINING

Provided by East Anglian Air Ambulance Service

The Parish Council has arranged another, free BLS and CPR training for residents on Tuesday 19th October 2021.

This will be run by Mark Milsom who is a Specialist Critical Care Paramedic and the EAAS Training Manager for First Aid and Life Support/Resuscitation. We hope to be able to familiarise you with our own defibrillator model.

We intend to run two sessions in The Memorial Hall, one mid-afternoon and the other early evening. However, numbers are limited to 20 per session, so we would ask you to please book a place and not just turn up.

There will be flyers available nearer the date, with an attached booking form to complete. The flyer will also be on the Village Hall website. Places will be allocated on a first reply basis. Clive Brady, (Village Defibrillator Co-ordinator), 01328 830830; ctmbrady@gmail.com.

BINHAM PRIORY CHURCH

We are slowly getting back to some form of normality while still asking for all to consider minimising any further spread of Covid by respecting the sensitivity of others.

It is hoped to have services on most Sundays in future with a likely pattern being the first three Sunday Services at 11am and the fourth at 9.30am. Elsewhere in this issue are details of the concerts and the Harvest Thanksgiving on Sunday 3rd October.

It is nice to see visitors coming back in pleasingly

PUBLIC & TRADE CUSTOMERS WELCOME

Gresham Gravel
All types of aggregate

PUBLIC & TRADE CUSTOMERS WELCOME

Gresham Gravel of Norfolk supply Aggregates including Fill, Soft & Sharp Sand, Premix, Shingle, Hoggin & Reject Stone & Re-Cycled Products

'MUCK-IN'

We are now taking in clean rubble

DELIVERIES CAN BE ARRANGED

PLEASE CONTACT SITE FOR QUOTE

OPEN Monday to Friday 07:00 to 16:30

Our gravel is a natural uncrushed product and has a variety of uses.

All our aggregates are PSD Graded



Tel: 01263 821935 email: sales@greshamgravel.co.uk

Gresham Gravel Limited East Beckham Quarry, Holt Road, Sheringham, NR26 8TN

gresham-gravel-norfolk.co.uk



large numbers during the school holidays. It is felt that the new door in the East End has encouraged those who perhaps had only thought of looking at the monastic ruins, are now coming through the door, to see inside and learn a little more from the information panels about the Priory Church.

Maureen Frost

BINHAM PRIORY PASSION



Two years ago it was suggested that we should try to emulate the villagers of Oberammergau in staging the second Binham Passion Play just before Easter, ten years after the first in 2011. This had been such a success on so many levels with full audiences. Covid prevented staging it this year, but we would like to try for 2022.

The proposed dates for the Dress Rehearsal and Three Performances are:

Monday 11th to Thursday 14th April 2022,
Binham Priory Church, 6.30pm to about 8pm.

We have the key elements of the production team, particularly a very experienced Director. Now, we hope many of you will take part as actors of all ages, (you will not have to learn many lines), and/or support staff for costumes, make-up, scenery, props, lighting, ushers, car-parking and general help. In 2011 more than 50 young people and adults were involved.

If you do see this issue of the Lynx in time to come to a meeting on Friday 1st October at 6.30pm in the Priory Church you will hear much more about the production. We'd love to see you and will offer a welcome glass of wine or fruit juice. To gauge the numbers likely to come please ring 01328 830362 or email davidfrost226@btinternet.com.

If you are not able to make it, but want to be involved, or simply know more before making up your mind, also please contact David Frost as above. You don't have to live in Binham to take part.

We're sure you will enjoy being involved in Binham Priory Passion 2022.
David Frost

SC

Long and Short Distances

All Major Airports

Strong Cars

Licensed Private Hire Cars

Tel: 01263 740283

Mob: 07788 777485

jenny.girling@hotmail.co.uk

Barry Girling
11 Queens Close, Blakeney
Norfolk NR25 7PQ

6 Seater also Available

BINHAM PRIORY CONCERTS

Two delightful concerts took place to capacity audiences in Binham Priory during the summer, made possible by the co-operation of the performers and respect of the Covid precautions by those attending.

Norwich Baroque and The Brook Street Band each performed their programmes in two sittings, a matinée, and an evening concert, to allow us to keep social distancing at a safe level.

These live performances were very much appreciated after months of being denied such pleasure.

We hope to bring you a full programme of five concerts in our Summer Season for 2022.

Please make a note in your diary of the following additional concert which we will be hosting on

Sunday, 7th November 2021

Binham Priory

GRESHAM'S SCHOOL CHOIR AND ORCHESTRA

a programme of music to include

Fauré's Requiem

For further information visit www.binhampriory.org.

BINHAM VILLAGE MEMORIAL HALL

www.binhampvillagehall.co.uk

I think all our inner sailors are crying 'steady as she goes!' as we reach the second autumn with Covid 19 still hanging about. As I write this for the October/November issue, it is certainly what I am thinking.

Events have restarted. We have had weddings and bingo; the village show to come in September, the Harvest Lunch and Quiz Night in early October. The gorgeous flower-planted planters are still blooming.

It is sometimes a bit tricky to write this piece for an



Find us at:

2c/2d Shirehall Plain, Holt, NR25 6HT

Anyone wanting a private viewing opportunity can book an appointment on the days we are closed to the public by calling Mandy on 07876 254173.

And visit our Facebook page at:

facebook.com/ShirehallPlainAntiquesCentreHolt

Or contact Mandy Allen at 07876 254173

if you're looking for something in particular, and we'll send you photographs of specific items.

issue two months ahead. Events sometimes must be postponed at the last minute or new events are booked and miss the relevant issue. Please do keep an eye on the Facebook page and the website – both have dedicated events pages and can be more immediately up to date than the Lynx.

Forthcoming events:

Harvest thanksgiving and lunch

The Harvest thanksgiving is to be held in Binham Priory on Sunday October 3rd at 11am followed by harvest lunch in Binham Memorial Hall. If you would like to attend, please contact either Maureen 01328 830362 or Liz. 07435 788221. The cost is £5 per person, no charge for children. Everyone is welcome to come along.

Indoor bowls

If you fancy a game of indoor bowls, then Thursday October 7th at 7 pm is the night for a bit of fun; you never know you may be an expert.

Village quiz

Including supper on Saturday 9th October, if you wish to join in then please do contact Liz Brown on 01328 830519 or any of the Trustees for availability of tickets.

Christmas prize bingo

Binham village hall, Thursday 9th December. Doors open 6.30pm, eyes down at 7pm. Christmas refreshments - mulled wine and mince pies will be available to make the evening more enjoyable.

Don't forget the 100+ Club

We have a plan for a Christmas Supper on 4th December at £10 for a traditional Christmas meal and a Children's Party on December 11th – details to follow.

The Cosy Club meets on the third Wednesday of the

month at Binham Village Hall between 2-4pm. Everyone is very welcome to come along for a cuppa and chat.

The Village Hall is available to hire for your next family party or event, birthdays, weddings, anniversary or just a family get together. Please contact Liz 07435 788221 for more details.

We are very pleased to welcome two new Trustees to the Memorial Hall committee. Thank you very much, Wendy Keesom and Kevin Howard, for agreeing to join us.
Mary Hunt and Liz Brown

BINHAM CHRISTMAS FAIR

Saturday November 20th November,
Binham Memorial Hall 9.30am - 2pm.

Books Wanted For Christmas Fair

If you have any unwanted books and would like to donate to the fair, please contact either Humphrey Boon 07971 565883 or Liz Brown 07435 788221 to organise drop off or collection of books. Many thanks.

BRIGHTEN UP BINHAM

A massive thank you to all who supported the yard sale raising money for Brighten up Binham. An amazing amount of £400 was raised. We do hope you were able to pick up a bargain or two.

We are provisionally planning to do it all over again next year, on Sunday July 31st. Please put the date in your diary and start planning for your stall.

If you would like to get involved with the flower boxes, watering, weeding, or planting please contact either Liz 01328 830519 or Janet 01328 830652.

Liz Brown



boon-bespoke décor

'start with the perfect finish'

Traditional Painter, Decorator & Craftsman with a Passion for Detail and Quality

SPECIALISING IN COMPLETE PAINTING,
DECORATING & PROPERTY SERVICES

TRADITIONAL CARPENTRY REPAIRS TO SASH
CASEMENT WINDOWS AND DOORS

MARINE SERVICES - PAINTING/VARNISHING
AND REPAIRS TO WOODEN BOATS

For all enquires, please contact
Nicholas Boon - 07799501428 - 01263 862248

www.boon-bespokedecor.co.uk - nicholasboon@btinternet.com



Little Greene



CROWN
TRADE



Local to your area

FRIENDS OF BINHAM PRIORY

A talk by Peter Brookes
Saturday 27th November



A new collection from the award-winning *Times* cartoonist

7.00 pm Binham Memorial Hall

doors open at 6.30pm. Limited seating.

Tickets £15 to include a glass of wine or soft drink.

Friends of Binham Priory have priority booking.

Box office opens to the public on 18th October.

For tickets please email, fobtickets@gmail.com.

BINHAM ART GROUP

Yes, we are back in the Village Hall painting. A few changes have had to be made - separate tables for artists and, we wear masks when moving around.

We are indebted to Sarah at The Chequers Pub who, a few months ago, supplied us with outside tables and chairs to start us painting again during the Covid restrictions. We thank all the staff who sanitised everything and kept us supplied with coffee.

Most of our artists have returned to the hall and we have recently welcomed four new members. John Hill has stepped down as Chairman of our Committee. He and Chrissie recently moved to Holt and have been heavily involved in building works to their new home. We wish them every happiness and look forward to welcoming John back to the Group when he is able.

Since the last Lynx we were able to put on our summer exhibition of art. We were not able to have the preview evening, but the Saturday and Sunday saw a steady footfall of visitors. Our plans include a new Display of art in the Chequers Gallery and a new "picture of the month" by one of our artists.

Brenda Wilde



Elv's Woodburner Services

- Installations
- Servicing
- Refurbishment
- Chimney Lining



Tel: 01263 824665
Mobile: 07919 201665
www.elvswoodburnerservices.co.uk



BINHAM LOCAL HISTORY GROUP

At this present time Binham Local History Group is still suspended. I am continuing to monitor the UK Covid situation particularly as we are now entering the autumn /winter period. I will advise and update when our monthly talks will resume but, in all likelihood, this will be at some point in 2022.

Pennie Alford. 01328 830700, blhg@btinternet.com

HINDRINGHAM AND BINHAM OPEN CIRCLE

Hello members of Hindringham and Binham Open Circle. By the time you read this we hope we have been able to have our September meeting and welcome everyone back.

Beryl, Julie, and Sue met at the end of August to plan the rest of the year assuming nothing changes with what we are able to do within Covid guidelines. During lockdown we have supported 12 charities with donations totalling £1275.

On 21st October we plan to celebrate Harvest. This has become a tradition and we think to celebrate and have gratitude for our food is a lovely thing to do. Details will be discussed at the September meeting. We want to start our Foodbank collections too. This is something we did before Covid and think we should start up again.

18th November will be a craft evening although you don't have to make anything. Then, hopefully, in December we can have a meal out.

We look forward to seeing you. Any queries ring Sue our secretary on 01328 878487.

New members are always welcome.

Beryl, Julie and Sue

BINHAM MEMORIAL HALL 100+ Club winners

July winners: £25 Nora Bond, £10 S. Savory, Alex Bartram, £5 Mrs Griffiths, Stanley Hewitt, Andrew Marsh.

August winners: £25 Alex Wales, £10 Mrs Veronica Lane, Vanessa Buxton, £5 Dianne Tilley, Joanna King, Keith Jennings

If anyone would like to join the 100+ club, please call at 8 Priory Crescent or ring June Read on 01328 830106.

FOOD FOR THOUGHT

The happiest people don't have everything, they just make the best of everything they do have.



Claire Dye
Chartered Physiotherapist

BSc (Hons), MCSP, HPC, AACP registered

Treatment of conditions including sports injuries, arthritis, neck pain, back pain. Using various therapy techniques including joint mobilisation, soft tissue techniques, massage, acupuncture. Individual rehabilitation and exercise plans to suit all needs.

Appointments available Monday
to Thursday in Holt and Gunthorpe
Phone: 07919 621006
email: cdye.physio@gmail.com



COCKTHORPE

Contact: Maurice Matthews 01328 830350
maurice.matthews@peppard.net

No news from Cockthorpe this time.

FIELD DALLING

Contact: Julie Wiltshire
julie_wilson75@hotmail.com

ST ANDREW'S CHURCH

We are delighted to be back in church, at 11am on the second and fourth Sundays of each month.

We also continue with Zoom at 5pm on the first Sunday of each month. This service enables people from afar to join us in Evensong. Please do contact iannewton46@gmail.com (07979 598020) if you would find an on-line service helpful.

This year our Harvest Festival will be a joint service with Saxlingham at 11am on October 17th. It will take place in Field Dalling. We will have a bring and share lunch afterwards instead of the usual supper in the Villagers' Hall. Do join us to give thanks for all that farmers have done for us over the past year.

The Remembrance Service this year is in Saxlingham on November 14th.

We have booked the Villagers' Hall for a Christmas Fair on Saturday November 27th, in the morning, subject to COVID. Please see the November Newsletter

for the latest information.

Finally, many thanks to all those who helped give the old churchyard its annual haircut - still to take place at the time of writing, but a much-needed moment in our work maintaining it as a place for wildflowers and wildlife.

Ian Newton

PARISH COUNCIL

Field Dalling and Saxlingham Parish Council is pleased to welcome their new Parish Clerk, Gillian Bridges, who started with us on Monday 13th September. Gillian takes over from Catherine Moore, who has been helping us out since we sadly lost our Clerk Glynis in December, and Gillian is very much looking forward to meeting people and getting to know the community.

A few of the more recent happenings with the Parish Council: Residents kindly volunteered to renovate the Field Dalling phone box, which was looking in a very sorry state. The Council purchased the paint and is very grateful to all those who are helping to bring it back to life.

We are also looking at possible grant funding to buy an item of play equipment for the playing field, with the current suggestion being a timber fort-style structure. We need community support to be able to get grant funding, so please tell us what you think at fdands.pc@gmail.com.

The Parish Council meets on the second Monday of alternate months at Villagers Hall. The agenda is available on the village hall notice board and on the website <https://fdandspc.wixsite.com/fdandspc>, and includes details of the start time of the meeting. The next meeting will be on Monday 8th November 2021 and residents are welcome to attend.

ANTIQUES & COLLECTIBLES

*

**SEEKING TO PURCHASE FURNITURE,
POTTERY, GLASS, PICTURES, TAXIDERMY, etc**

**COMPLETE HOUSE ~ SHED ~ GARAGE ~ BARN
CLEARANCE, OR SINGLE ITEMS BOUGHT**

*

VISIT OUR SHOWROOM AT

LEATHERINGSETT WATER MILL **ANTIQUES & BROCANTE**

OPEN TUES/SAT 11.00 TILL 3.00

*

malcolm@leatheringsett.com MOBILE 07798 753765

PROFESSIONAL SERVICE ASSURED

200 CLUB WINNERS

July Winners:

£50 Helen Gadsby
£25 Eric Hotblack
£15 Lorna Wales

August Winners:

£50 Ian Ladley
£25 Jennie Lane
£15 Glyn Thomas

GUNTHORPE

Contact: John Blakeley 01263 861008
jbconsult@btinternet.com
www.gunthorpefriends.co.uk

FOGPC

50/50 Club Draw Results

July

	August
Roy Marsden	£20
Marianne Atherton	£15
Callum Dryden	£5
Jeremy Denholm	£5
Jenny Kelly	£5
Richard Redmayne	£5
Michael Bunting	£5
Finn White	£20
Jane Paton	£15
Helen Clare	£10
Linda Jenkinson	£ 5
Lin Dufour	£ 5
Michelle Worrall	£ 5

We presently have 137 members, but we would welcome more - so if you are new to the village or have been here awhile and not yet joined would you consider joining us? If you would like more information on the 50:50 Club please contact either Myfi Everett on 01263 860035 or John Blakeley on 01263 861008

John Blakeley

ST MARY'S CHURCH NEWS

The last Sunday of August brought good heart to St Mary's – despite the persistent attempt of the dastardly north wind Boreas doing his damndest to chill the spirits.

In the morning we had the Benefice group Holy Communion. All were especially delighted by the treat of the joint musicianship of Jane Carwardine on her violin and Martin Jacklin on the organ. Their Corelli was quite heavenly.

In the afternoon, we had an informal tea party for the village in the churchyard, with tents, tables, tea – and cakes galore. It was the first time most of us had all got together over these troublesome two years. That, the main aim, was most rewarding. It shows that St Mary's has a rôle as a hub for all of us in the village, whether church goers or not, as well as its purely religious function. Contribution of money to keep the church running is a worry but this was decidedly

not the point of the afternoon; yet extraordinarily generous donations were put in a box, no less than £614. A large part of this came from the children aged six to ten staying in Clare Cottage: they had painted stones from the beach, and put them out on a table for passers-by to take, with a note that anyone who wished could put a donation in their box for St Mary's. Unbounded thanks to so many in the village who worked so hard to make the afternoon such a success.

FRIENDS OF GUNTHORPE PC

Thanks so much to those who attended the 'covid-safe' AGM which was held outside the Village Institute in the open air. It was wonderful to see village-people again, and to gather after so many months of isolation. The main news to come out of the meeting was how much the church has suffered financially from the loss of the fete income these past two years, and how very grateful they are for the maintenance and fabric support given by the Friends.

Thank you John Blakeley for collecting all the Friends subs and 50/50 Club money and to all our wonderful members for their continued support.

The village as a whole pulled together wonderfully on 29th August to support the Church by putting on a village tea in the Churchyard – primarily to get everyone together and also as an opportunity to donate to assist the church funds. It was a huge success and so well and thoughtfully organised by many in the village, led by Jenny Kelly. Huge thanks to Jenny and all involved – what a lovely gathering it was. Jenny is moving from the village after many years and how you will be missed, Jenny - thank you from the bottom of our hearts.

We plan to have a Harvest Supper, but the date is not yet confirmed. An email will be sent to members and a notice put on the Village Institute Board when we have a date. Please do come – it is always a very jolly and enjoyable evening. There is limited seating so please phone to book seats when the date is given.

In the hope that we can maintain social activity and are able to meet again soon - the first 50:50 Club coffee morning is provisionally scheduled for 25th September as this edition goes to print. A big thank you to Myfi Everett for this and the planned Harvest Supper.

With many thanks and best wishes.

Marie Denholm, Friends chairman

WELCOME

It is a pleasure to welcome a new family to Gunthorpe. Liz and Dan Marsden and their daughter Evie have moved from Yorkshire and will be at Hall Farm for the next 18-24 months whilst renovating a new home in Castle Acre.

FINLAY NEWTON GARDEN SERVICES

EMAIL FNEWTON2802@GMAIL.COM
MOBILE 07867 398 547



LAWNS &
LAWN CARE



HEDGES &
PRUNING



GENERAL
MAINTENANCE

APW

Plumbing & Heating (UK) Ltd

Full Bathroom Suite Installations

Boilers • Boiler Servicing

Full Heating Systems • Renewables



Blakeney: 07803 702630

80 High Street, Blakeney, Norfolk NR25 7AL

They already know the area as Dan's father lives in Norfolk, and they have been visiting the county for many years. Liz runs an early years education company. Dan is an e-commerce consultant and volunteers for the Blood Bike charity helping to deliver blood and other urgent samples between hospitals and hospices. Evie, whose passions are art and music and has already enjoyed playing the Gunthorpe church organ, has just started at Gresham's Preparatory School. Last but not least is Roxy their elderly Patterdale cross terrier. Her passion is food!

LANGHAM

Contact: Christina Cooper 01328 830207
christinacooper27@googlemail.com

WELCOME

We would like to welcome Richard and Julia Clarke to the village and hope they will be very happy living here.

There have also been a number of other new residents that have moved to Langham over the last few months, and we would like to offer a warm welcome to you all too. Apologies for not knowing everyone's names, but sure we will get to meet you at some stage soon now that the village events are starting again.

BLOOD CANCER SALE

We went ahead with our sale in the Village Hall despite being two days before the end of lockdown restrictions.

Social distancing was in place, together with masks and hand sanitizers for those going inside the hall which was a one way system. The weather being very kind, warm and sunny meant most of the goods could be outside together with lots of helpers looking smart in red shirts.

The only thing missing was our usual crowds - a pity as our sales have always been a great social event for locals and others. We did not sell as much as we would have liked but I was very lucky with donations so all in all a happy day. Best Wishes to you all.

Maureen Dennis

STALL ON THE GREEN

This annual event happens every Saturday morning in August from 9.30 to 11.00am.

We are blessed with very creative cooks and gardeners as all the produce is donated to raise funds for the church.

From quiches to cakes, to bread to meringues, to

SERVICE IS NOT EXPENSIVE - IT'S PRICELESS!

Stuart's
 Taxi
 &
 Travel



01263 824444
 01263 710088
 FREEPHONE:
 0800 734 4444

stuartstaxitravel@btinternet.com

FRIENDLY & RELIABLE - LOCAL & LONG DISTANCE

marrows to beans, to spinach to plums, you name it you could have bought it, but the queue at 9.15 meant the stall would be sold out by 11.00!

The PCC is very grateful to the bakers and growers of the village and all those volunteers who manned the stall, as we are delighted to announce a magnificent sum of £909.20 was raised over the four Saturdays.

This year we were blessed with fine but cold weather, unlike some previous with downpours and gale force winds.

Thank you to all the helpers, providers and the customers for another successful year. *Langham PCC*

COFFEE MORNINGS

The Village Hall committee is pleased to announce that we will be restarting the fortnightly Saturday coffee mornings on 2nd October.

The hall is being "deep cleaned" in line with Covid regulations in time for the first event.

Come along between 10am to 12pm for a mardle (chat), meet new villagers, and talk to old familiar faces who you might not have seen in these awful Covid lockdowns.

We do need more people to come forward to help the committee - we need at least three to boost our numbers with new ideas and enthusiasm.

Please contact Carole Blundel, Cathy Schoemakers, Barbara North, Edwina Allen, Julia Thompson, Sue Blakely or Edward Allen at the coffee morning.

Village Hall Committee

THE BLUE BELL

What an amazing summer it has been. We might not always have had the weather on our side, but the flock of tourists to Norfolk has really kept us busy and boosted us up for the winter ahead. Fingers crossed for no more lockdowns this coming season.

Mitch is busily writing autumnal menus now he has 5 seconds to sit down, so we are looking forward to that launching soon. September's here, which means enquiries are already pouring in for Christmas and New Year, what an organised bunch we are!

Thank you to all for your support of our fabulously attended reggae night, headlined by the wonderful Skipyard (featuring our old bar man, Amar!). Amazing food and a very friendly atmosphere. We will be making this an annual event, and will advertise it in good time so the few locals who didn't all love reggae can get a bit of warning. Next year we will be reducing the playing times to start a little later so it is a shorter event, but can I take this opportunity to remind a few people that we only do it once a year, and we do have a late license that we never normally make the most

THE
 Blue Bell
 LANGHAM

*book now for
 CHRISTMAS
 & NEW YEAR!*

Open Mon to Sat from 4pm
 Food from 5pm in the summer holidays

Open Sunday from 12pm

Roasts 12-3 Pizzas 5-8pm

www.langhambluebell.co.uk

01328 830630

of. I think we all deserved a good party after the last couple of years!

Keep safe everyone, enjoy time with your loved ones, and fingers crossed for an unremarkable winter. *Abby*

REMEMBRANCE SUNDAY

Sunday November 14th 10.50am

This will be the only service in Langham church on that day. Please take a special note of the time.

CLEARANCE SALE

Books, Gifts, Bric a Brac

Saturday 9th October

Langham Village Hall 10am-12 noon

Providing we are able to use the Village Hall, our remaining goods will be on sale to clear the decks for new stock at Christmas. Refreshments available.

If you have any bric a brac or books, not furniture, do bring them along to the Village Hall on Friday 8th October between 2pm and 4pm. Proceeds for Langham Church general fund. Admission free.

LANGHAM STREET FAYRE COMMITTEE

We are considering changing our name to Langham Party Central Committee as we have more dates for your diary! But first, the Party on the Park was a great success, so a big thank you to all who came and joined in the fun. We don't have a figure for the final amount raised as yet (all profits to be shared equally between the Street Fayre and Friends of Langham), but we will put something on the Facebook page as soon as we have the final numbers.

So, onto the upcoming events. **Sunday 31st October** we hope to hold a children's Halloween party (in the village hall) followed by a trick or treat trail around the village. Further details will be circulated before the end of September.

Friday 3rd December we will hold the Christmas light switch on at the pub, carols on the green and Mrs Claus will be in attendance in the grotto in the garden.

Sunday 5th June 2022 is the date that has been identified as The Big Jubilee Lunch day to mark the Queen's 70th anniversary on the throne. We will be closing Holt Road and setting up trestle tables on the street for everyone to come together and enjoy an afternoon tea. More details nearer the time.

Finally, **Saturday 20th August 2022** is Street Fayre Day – need we say more!

If you have any suggestions for other types of events you would like to see happening in the village contact us on

MORSTON POOL

PRIVATE HIRE SWIMMING POOL IN MORSTON

Book a regular hourly slot and enjoy **exclusive private use** of the pool – for exercise, fun or relaxation.

Crystal clear indoor pool. 15 metres long. 30 degrees warm.
See website for full details.

morstonpool.com ☎ 07810 343474

✉ jaxjohnston@sky.com

langhamstreetfayre@gmail.com – we are more than happy to look at other ways to raise funds for our community.

We thank you for your continued support as clearly, without you they don't happen! *Street Fayre Committee*

SAVE THE DATE CHRISTMAS FAIR

Saturday December 4th 10am-12noon

Langham Village Hall

It doesn't seem right to be thinking about Christmas as I sit here in the late summer sunshine!

We hope to start afresh with new stock for the fair but we can only do this with your help. So, please would you all be kind enough to save your unwanted presents, Christmas items for the hamper, books, bottles for the bottle tombola and anything suitable for the raffle, for this event - the P.C.C. would be most grateful.

We look forward to seeing you and many thanks for your continued support. More details in the Dec/Jan Lynx. Proceeds will be for Langham Church General Fund. Further enquiries contact Ann Sherriff 01328 830 605.

Langham P.C.C.

MORSTON

Contact: Martin Cardoe 07973 885665
mcardoe@msn.com

THANK YOU JOCK

After 18 years and 107 issues, Jock Wingfield has retired as Morston rep. From his very first issue (see Lynx 32, p18 at www.locallynx.co.uk) he brought his love and considerable knowledge of history, etymology and quizzing to our readers. And his fascinating facts about Morston and the local area are happily all still available to read on line.

We are very thankful for his unfailing energy and support over the years and we hope that Jock will still contribute to the newsletter, especially with his entertaining quizzes for the Christmas edition (which my family always do after Christmas lunch). *RH (ed.)*

WELCOME MARTIN

We are delighted to welcome Martin Cardoe to the Lynx team. Martin has gamely agreed to take on the role of Morston rep and we are very grateful to him for bringing his

TUDOR BARBER



A traditional barber shop offering high quality hair and beard services

⊕⊕ Please call or message me for an appointment ⊕ 07789 353514

⊕⊕ tudorbarbershop@gmail.com

20A High Street, Little Walsingham NR22 6AA ⊕ tudorbarber.com ⊕⊕

skills and interests to the newsletter.

Martin and his wife are both from Norfolk and recently returned to live in Morston full time. His contact details are now listed under the Morston header. RH

IVY MARY ATHILL CHRISTENING

On a windy but sunny Sunday, 18th July, at morning prayer, Ivy Mary Athill was christened in All Saints' Church, Morston, by the Revd Ian Whittle, ably assisted by Arthur, aged five, and George, aged three, who had also been christened there in 2016 and 2018. Their parents Orlando and Kathryn Athill, grandparents Philip and Annabel and great-grandparents, Andrew and Mary had all been married in the church. Ivy wore a 'new' short dress of silk and lace with matching knickers, especially commissioned by her great-grandmother Mary Athill, and made by Pauline Hartland of Something Special in Holt.

The silk from her grandmother Annabel Athill's wedding dress and the lace from her great-great-grandmother Diana Hamond's 1928 wedding dress were used. The materials, having been rediscovered, were purged of moths, washed and ironed and then combined to create an ideal christening dress. It was a really last-minute save and Ivy Mary looked perfect in her very pretty dress with bare legs and feet. A small garden picnic was held afterwards at Church Cottage, Morston, by her parents Orlando and Kathryn.



Ivy Mary with her great-grandmother Mary Athill

ATHILL - BAKER WEDDING

Roya Athill and Toby Baker were joyfully married by the Revd Ian Whittle on Saturday 31 July at All Saints' Church, Morston, where the bride's parents married in 1988 and where her paternal grandparents wed in 1954.

This long-awaited wedding had been delayed a year by the Covid pandemic, and it was a happy group of some 150 friends and family who gathered in thankfully sunny weather to celebrate the occasion. The church was decorated with a colourful array of bedding/potted plants, all of which have since been replanted.

Roya's arrival was announced with a wonderful

DAVID THOMPSON MASTER CHIMNEY SWEEP

- All chimneys, flues and appliance swept
- Brush and vacuum used
- CCTV inspection
- Bird/rain guards, vent caps and cowls supplied and fitted
- NVQ qualified chimney engineer

D. Thompson Chimneys Ltd
**(01328)
851081**



trumpet fanfare, specially composed and played by a friend of the couple and Erik Satie's most romantic piece 'Fantasie-Valse', arranged for the harmonium, was played by Martin Jacklin during the signing of the Register.

Roya and Toby left the church in a storm of rose petals and led their guests on foot back to their reception in the garden at Scaldbeck House (originally her great grandparents' house), walking via The Quay, and passing through her grandmother's garden to eventually reach the wonderful sight of five adjoining hexagonal marquees.

The sunny weather luckily held throughout the day and afternoon. The Middle-Eastern themed dinner was much enjoyed by all and dancing to a live band continued into the night. The wedding cake was far from ordinary - a Persian 'Love Cake' recipe, made by the bride's mother in the shape of seven individual cakes representing The Seed of Life, surmounted by a peacock with a tail of cupcakes. When asked why the peacock, the bride's mother replied, "it symbolises beauty, love, passion, respect, honour and integrity - some of the necessary ingredients needed in a successful marriage!"

COMMUNITY SPIRIT BREAKS OUT

Over 100 Morston residents gathered in Gill Kay's field on Saturday 21st August for the Morston Village Breakout Party to celebrate the end of lockdown and offer thanks to all those who helped the village during the Covid-19 pandemic.



Organised by the Parish Council, the event was a joyous celebration and an opportunity to reconnect with friends and neighbours old and new. A glass of fizz on arrival and an excellent running barbecue, kept guests

watered and fed.

Commenting at the start of the lunchtime party, organiser Jill Tibbets said: "We are really here for two reasons: firstly, to celebrate the end of lockdown and, secondly to thank all those who made life a little easier and safer during that strange time. I really feel we are

Warham Reading Room

The Street, Warham, Wells-next-the-sea, NR23 1NH

AVAILABLE FOR HIRE

A contemporary and spacious venue ideal for

Parties, Christenings, Weddings, Commercial events

Flexible space with modern kitchen and parking.

To book or find out more visit our website or our Facebook page,
www.facebook.com/warhamreadingrooms

www.warhamreadingroom.co.uk



celebrating being a caring community. Thank you to all of you who went out of your way to be there for others.”

Morston revealed itself as a village full of doers and makers during lockdown, with masks stitched, meals prepared for local hospital staff, community groups created online and soup flowing from the Morston Hall kitchen.

Continuing the trend, a celebratory cake in the shape of a Morston dodman was cut as the party progressed and prizes were awarded for the best dressed hats worn to the party.



The toast was “Morston community”, alive and well as amply demonstrated.

STALLS IN THE HALL

Over the bank holiday weekend, the PCC held its ‘Stalls in the Hall’ event, raising money for the upkeep of All Saints Church. Despite the grey and blustery conditions there was a steady stream of visitors keen to pick up bargains from collectibles to bric-a-brac, books, toys, crafts and clothing. They were also glad of the hot drinks and lovely homemade cakes on offer.

The event raised over £1,600 which was a truly remarkable amount. Huge thanks go to all those that helped out, bought and donated.

ALL SAINTS CHURCH TYMPANUM CONSERVATION UNDERWAY

In April the PCC launched its Tympanum Appeal in a bid to raise the remaining funds required to restore and conserve the tympanum which is situated in the chancel arch of All Saints, Morston. With £73,000 of the £75,000 funds required now raised the conservation work has started.

During the work the church will remain open whilst the conservation team is on site. They will be working high up on the specially erected scaffolding but will be happy to chat to visitors and answer questions at various points during the day. As part of their work they will be maintaining records and taking photographs; it will be fascinating to see what is revealed as the thick layers of dust and varnish which have

accumulated over the years are stripped away.

If you would like further details or are able to contribute to the appeal please contact Anne Rolfe at annerolfe45@gmail.com or 01263 741125. If you do visit the church you might also like to ‘Sponsor a Square’ of the tympanum. Individual squares of the tympanum can be sponsored for £10 and all sponsors will receive a postcard of the restored tympanum when the project is complete.

THE SHOVELL DINNER 2021

Having been forced to skip a year, the Shovell Dinner, raising funds for the Friends of Morston Church, is back!

It will be held at the Anchor on Saturday 16th October, starting at 6:30pm. You will all know this year’s speaker, Charlie Ward, whose talk is entitled East Coast Sailing Barges and the Building of Juno. Those of you who have stared in wonder as Juno sails gracefully past, will find out what induced Charlie to build her and the problems he faced and overcame.

This will be a fascinating talk, which will cover the historical aspects of sailing barges as well as the engineering problems and solutions of building a modern equivalent. Tickets, for the talk and a three-course dinner, at £45 are available from Peter Tibbetts on 01263 741082 or petetibbetts@aol.com.

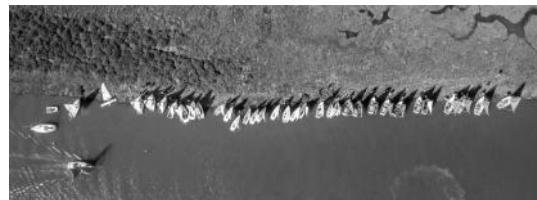


photo:
Frederick Landes

MORSTON REGATTA 2021

The Morston Regatta was held on Saturday 14th August. A fresh breeze, fine weather and a midmorning Spring tide bode well for a good turnout and some exciting racing.

Competitors and organisers were indeed well rewarded with near perfect conditions. The entry total was impressive with approximately 45 dinghies, traditional day boats and small yachts. The race started in Blakeney Cut and competitors enjoyed some fabulous sailing around a course over the entire length of the harbour.

Many trophies were awarded in the prize giving on Morston Quay shortly after the tide, and all agreed it had been one of the best regattas for many years.

Cup Winners

Morston PC Trophy Graham Barker, *Wayfarer* 9033
(first boat across the line)

Major Hamond Trophy Pete Tibbetts, *Cockle* 112
(first Morston resident)

Hassall Trophy Trish Hudson, *Cockle* 42
(first Stiffkey Cockle)

Ward Trophy Sam Curtis, *Charlotte Louise*
(first Norfolk Oyster)

Wilson Challenge Cup Hugh Ambery, *Tideway* 554
(first Slow Class boat)

Morston Regatta Cup Amy Robinson, *Seafly* 477
(first Fast Class boat)

Carter Trophy Paul Farmer, *Laser* 4.7 178228
(first single-hander)

Athill Trophy Nick Tyler, *Ibex*
(first pleasure boat)

John Bean's Trophy Lachlan McLean, *Pico*
(first helm under 16)

Lapstrake Junior Cup Tom Riley, *Laser Radial* 43303
(youngest helm)

Goldfinch Grave Tending

Respectful grave tending visits of your loved ones resting place, made on your behalf across Norfolk

Grave Tidying - Grass & Turf Trimming
Headstone & Memorial Cleaning
Fresh Flowers & Planting, Levelling & Re-seeding
'One-off' Visits or Regular Tending Date Plans

T: 07485 555 882 Call Vanessa For A Friendly Chat
E: goldfinchgt@outlook.com
W: goldfinchgravetending.co.uk

SAXLINGHAM

Contact: John Pridham 01328 831851
jcwpridham@gmail.com

WELCOME

We welcome two new households to the village. At Heydon Cottage East, Anna Purser plus her dog Effie and at The Croft, Philip and Nicola Mitton plus their son Aydan.

We hope that they will be very happy living here.

We also have several other newcomers – these to the south of Tansy Lane seem very keen to see what the photographer is up to.



FIELD DALLING AND SAXLINGHAM PARTY

On Saturday 14th August both villages came together to enjoy an afternoon of music, games, food and refreshments with sounds from the Norfolk Jazz Quintet.

It was a great ‘survival celebration’ in place of our usual fete.

Please would the person who kindly donated three cherry tree plants for the plant stall contact Fiona Pridham fcpRIDHAM@gmail.com as we have been asked for some details about them.

SPECIAL OCCASIONS

People sometime come up and ask “what happens in Saxlingham?”

Recently we can say much does and for the first time in 12 years we had a baptism in St Margaret’s – young Sebastian Carter. Also there was a garden wedding celebration too, for Mary (Peart) and David Armstrong.

SHARRINGTON

Contact: Claire Dubbins 01263 862261
cdubbins@btinternet.com
www.sharrington.org.uk

FOOD BANK NEWS

Aided by a number of young visitors to Sharrington we had an amazing response to our summer collection of food items for children. Their ideas and contributions included things we’ve never thought of for ourselves, but will undoubtedly go down very well with those whose school holidays have been less privileged than theirs. So far the summer total is over 60 kilos, which is a lot when you consider that all those favoured fancy brands of not very healthy cereal weigh considerably less than tins of soup and baked beans. As we move into autumn, warming foods and even tea and biscuits will be very welcome. Conversations with the people running the food bank have also highlighted that those with food allergies and vegetarians can get left out. The supermarkets have aisles dedicated to these special foods now, though it is worth checking the sell by dates, as some products have a short shelf life. In November as we

move towards Christmas, we will focus on children’s treats again, but also teenagers, another group who can get left out, and for whom toiletries such as shampoo, shower gel, body lotion etc. would be very welcome in their Christmas stockings. The collection point will be as usual by the font at the back of the church. No one should feel obliged to leave bagfuls, one or two items added to your shopping basket will make a huge difference.

AS

ALL SAINTS CHURCH NEWS

We continue to hold services every Sunday at 9.30am with singing now that restrictions are finally lifted.

Our harvest thanksgiving service will be on Sunday 10th October and the village service of remembrance on Sunday 14th November. All are welcome.

If there is anyone, perhaps new to the village, who feels able to give up some time to help the small group of people who keep the church interior clean and decorated with flowers then Pippa 01263 860613 or Teresa 01263 861633 would be pleased to hear from you. The task is not onerous, just an hour or so a few times a year.

TP

LOCAL AUTHOR WRITES EXOTIC DETECTIVE NOVEL

Blakeney and Sharrington based author Dr Barry Howes, has set his new detective novel amongst the mysteries and intrigue of India, a country in which he has travelled and worked.

Magphur Past, published under the pen name of Vaughan James, is a story of murder, deception and dark secrets of the past. Detective Sanjay Sharma, based in the teeming city of Magphur, must find the killers of a foreign tourist. The criminal underworld, the police commissioner and even his own sidekick seem intent on stopping him.

BUTCHER
ANDREWS
Solicitors

For advice you can trust

Matrimonial & family
Conveyancing
Commercial property
Commercial & Corporate
Wills & Trusts
& Tax planning
Dispute Resolution
& Employment
Powers of Attorney
& Court of Protection
Probate & estate
management



1 Old Post Office Street, Fakenham, Norfolk NR21 9BL
Tel: 01328 863131
Also at: 15 Market Place, Holt, Norfolk NR25 6BE
Tel: 01263 712023 www.butcherandrews.co.uk

Then there are the secrets of Sharma's own criminal past which he must keep hidden from those closest to him.

The story is fast moving, action packed and told from several perspectives. The novel is available from Amazon, as a paperback or kindle version, from Jarrold's book department in Cromer and from Holt Bookshop. Reviews include: "This is a novel that grabs our attention and holds it to the very end" and "The story twists and turns... leading to a gripping finale".

JAMMIN FOR SCONES

Jammin for scones restarted on 10th August with nine people enjoying a very enjoyable afternoon of singing and poetry in the village hall, without the scones though, due to Covid considerations.

The next session is on Tuesday 12th October from 2-4pm and if all goes well with Covid we will continue to meet on the second Tuesday of each month. All are welcome to join us. Please contact Angela Mason at mason378@btinternet.com if you need any further details. AM



WHEN THE LION CAME TO SHARRINGTON

There are two well-known circus connections in Norfolk. We have the Great Yarmouth Hippodrome and Pablo Fanque, the first black circus owner, lived here.

The circus was extremely popular during the Victorian era and purpose-built structures, called

hippodromes, were erected across the country. Today, there is only one surviving dedicated circus building in Britain, the Hippodrome in Great Yarmouth. Built in 1903 by circus showman Gilbert George, the art

nouveau hippodrome was fitted with a mechanism that allowed the circus ring to be filled with water, a mechanism that still works to this day.

Norwich born Pablo Fanque is renowned as Britain's first black circus owner. He is the inspiration for the Beatles song, 'Being for the benefit of Mr Kite' on the *Sergeant Pepper's Lonely Hearts Club Band* album. Today he is commemorated on a blue plaque on the John Lewis store in Norwich.

We know from the Sharrington village hall visitors' book, dating from May 23rd 1953, that the circus came here in February 1957. 'Le Cirque Fantastique' included four members of the Larzard family. The story most frequently told in the village is about the appearance of a live lion in the village hall. In its cage it formed the central spectacle in the hall and two local men who were there remember a man with a gun standing by. However, it seems the small boys who packed the hall with their parents might have been more interested in the ladies in tights and sequins!

Nine circus performers are recorded in our visitors' book. 'Captain' William Larzard, Mavis Larzard (Salmia), 'Karma', Margaret Young (Sinba), Count Larzard (Buffalo Bill II) another Larzard family member, 'Tomato' the clown 'Peanuts' the clown and 'Billy the Kid'.

The national fairground and circus archive in Sheffield has tracked down the 'Larzard Brothers Wild West Circus' to Banbury in June 1957. The circus acts included Jacko the clown, Karma and Timba, white fakirs who danced on broken glass, Captain Williams and a lion. By April 1958 it was 'Buffalo Bill's Wild West Circus' and they were performing in Ivybridge, Devon moving onto Plympton in early May. They were still called 'Buffalo Bill's Wild West Circus' in July 1960 when appearing in Ramsgate, Kent.

Sometime in 1960 the Larzard family changed the circus name to the 'Anglo-American Circus and Zoo' with 'Captain William and Simba the lioness', Peanuts 'prince of clowns' and England's own Buffalo Bill. In September they appeared at Newport Pagnell and in July 1961 were in Birmingham at 'an open air fete'. But a gale stopped their performance in Mexborough, South Yorkshire in August 1961 and the audience were refunded their money. Prior to that whilst in Sheffield, Miss Sue Goldie was bitten by the Himalayan bear and Bill Larzard (as Captain Williams) was mauled about the ankle by the lioness 'Simba'.

To find out what happened to the circus you will need to wait for the next instalment. *Anne Abrams*



FREE survey and quotation
New circuits/rewires
PAT testing
Electrical installation testing
Test and certify to IEE18th edition

**Any type of electrical works
big or small – we can do it all!**

Binham Fakenham NR21 0DW
Tel: 01328 830492
Mobile: 07884 436112
paul@pjelectricsltd.co.uk
www.pjelectricsltd.co.uk



Part P approved contractor





PILATES
Binham Memorial Hall

Thursdays
8:30 - 9:40 Advanced
9:45 - 11:00 Beginners

Contact Susi on 07515 834729 or therflexologystudio@hotmail.co.uk

SHARRINGTON VILLAGE HALL

At long last, and at the second attempt on Saturday 21st August we held our very own post lockdown party for Sharrington residents and our near neighbours from Brinton. The lunchtime event was well attended with over 40 villagers present, and was very much appreciated by all, judging by the positive feedback we have received.



There was a constant buzz of conversation as friends from both villages were reunited after such a long time apart. The fizz was flowing and the delicious home-made cakes provided by the ladies of both villages were well received, but didn't really help those whose waistlines had expanded during lockdown.

Refurbishment of the hall has continued with the room behind the stage newly decorated and re-carpeted. The hall floor has also had a facelift and now looks amazing. This was completed just in time for our new yoga class which has just started up. Returning groups include Jammin' for scones and a craft class, and we already have enquiries from other groups keen to use our new look village hall.

To add to the hall's facilities we have had broadband and wifi installed, which will make life a lot easier at events when we will now be able to take payment by card, as well as the benefit of streaming music or films.

Looking ahead we have more music events booked and a correction to an entry in the Clash Diary in the last issue our Christmas Fayre is being held on Saturday 27th November, not 27th October.

David Webb Chairman

CRAFT WORKSHOPS

Following the lifting of restrictions, our monthly Get Together with Craft workshops returned with our first and second meetings focusing on the relaxing pastime of felting. In our first workshop we made a very cute bee and September's meeting saw us make a cheery robin. I guess Christmas is creeping up on us.

How fantastic that we can all meet up again. For anyone still feeling a little anxious about attending the group, workshops are created with minimal use of shared equipment and the September meeting experimented with a zoom attendee. You could bring your own basics such as scissors, glue and so on if you prefer.

All workshop sessions take place from 2-4pm in the village hall and here are some dates for your diary. On Thursday 7th October there will be a decoupage rummage. I will bring my stash of themed decoupage sheets and blank cards and you can have a go at making your own

Foot Perfect

Foot problems treated include:

Toenail trimming Corns Callus removal Verrucae
Fungal infections Athletes Foot Diabetic foot care
In growing toenails Thickened nail reduction
In the comfort of your home

Sandra Harrod Dip FH MCFHP MAPHP
Foot Health Practitioner
01328 710022 – 07766 016454



decoupage/3D card. Anything goes.

On Thursday 4th November come along and make an eco-friendly Christmas decoration in our zero waste Christmas Craft Part One followed by Part Two on Thursday 2nd December.

A small donation towards the upkeep of the village hall and a small contribution to cover materials is all we request. Prices are confirmed in advance. Tea, coffee and biscuits are served during a short break.

To book your place please contact Annie annieabrams1@gmail.com or Sarah mrssarahlouisebell@gmail.com. Happy crafting.

Sarah Bell

LITTLE FREE LIBRARY

Sharrington Little Free Library (LFL) at 3 Bale Road, NR24 2PF, continues to be popular with many nature writing books being borrowed over the past two months. As well as nature writing, the LFL houses a fabulous range of children's books, non-fiction, fiction and local interest books, all housed in a converted doll's house.

If you are a fan of crime writer Elly Griffiths, the library currently has a copy of her latest offering in the Dr Ruth Galloway series, The Night Hawks. If you are not familiar with these books, do come and borrow a few as there are other titles in the LFL and join the millions of people enjoying these Norfolk whodunnits.

Sharrington LFL opens for browsing on Fridays, 10am - 6pm, Saturdays 10am – 8pm and Sundays 10am – 5pm. Come and find a good read now the nights are starting to draw in!

Sarah Bell



PAUL HENNESSEY



INTERIOR AND
EXTERIOR PAINTER
AND DECORATOR
CITY & GUILDS
QUALIFIED

FIELD DALLING 01328 831903
MOBILE 07808 792188
paulhennessey1963@btinternet.com

VILLAGE HALL MUSIC NIGHTS

Sharrington village hall is delighted to announce the resumption of music nights. Our musical calendar saw the welcome return of Terence Blacker in September. His collection of anecdotes and witty songs was the perfect recipe for providing a very entertaining evening. We predicted an evening of laughter and were not disappointed. On one occasion we were all laughing so much that he had to pause the song and recommence when the laughter died down. He varied the evening with some melodic gems with typically inclusive lyrics. We look forward to welcoming him back next year.

We are also pleased to announce the welcome return of our popular live Music evenings. These commence at 7.30pm but doors open at 7pm to ensure a good attendance when the bands commence their sets. There is a licensed bar. Our first live music evening post lockdown was in September when we hosted local band 'Bandwidth' and acoustic guitarist Andy Cleveland. The next live music evening is on Thursday 18th November when we welcome Snapshot, a duo comprised of Wendy Benefer and Chris Austin. They will share the evening with the versatile Chris Hoddy. It will be a fun evening and we look forward to seeing you there.

On the 11th December we are proud to announce that we have booked the iconic band 'The Strawbs' to perform a gig at the hall. The concert sold out within 48 hours of its announcement pre Covid but has had to be postponed twice. However, with hopefully better luck this time the gig is still planned to go ahead and, if there is sufficient interest, they have offered to perform a second gig the following afternoon. So, if you are interested in getting your name on the waiting list, please email us on sharringtonvh@gmail.com.

Tickets, should the event be viable, will be £20 each.

Our 2022 calendar of live music events is filling up quickly and you can find out more information under the Live Music tab on the village website www.sharrington.org.uk

We look forward to welcoming you back to our beautiful, newly refurbished hall. *Chris Abrams*



SHARRINGTON & DISTRICT GARDENING GROUP

A friendly local group with a varied programme of events and outings throughout the year.

Date for your diary. Friday November 12th

Matthew Wilson, "The Making of a Garden"

Binham Village Memorial Hall

Tickets - £8.00 members, £12.00 for guests

to include refreshments with a glass of wine or soft drink
available from Pippa Long - 01263 860613 or
philippalang@hotmail.co.uk

Please check our facebook page for the latest available information
<https://www.facebook.com/Sharrington-District-Gardening-Group-103198451824962>

To join our group or for more information contact
Robin on 01263 861939 robin@daubeneyhallfarm.com

STIFFKEY

Contact: Dr.Sally Vanson 01328 830560

dr.sallyvanson@gmail.com

GENERAL NEWS

What a wonderful summer we are having. The sea lavender on the marsh is the best it's ever been, and the hordes of visitors are regenerating the local economy although the traffic is a huge problem with a recent report of a journey taking 45 minutes from Camping Hill to the Red Lion. It's reassuring to hear that the bus company has ordered some smaller buses which should go some way to alleviating the passing problem on our narrow roads.

In The Lynx we have a slightly new look to the Stiffkey pages. We are delighted to welcome Martin Williams who is sharing his observations about the wildlife and highlights of the river from his garden. The Rural Ruth and occasional Meditative Ramblings columns also discuss the wonderful natural life of our coast and village. We've got some examples of a rare plant in the River Stiffkey which can look a little bit like the Hemlock we are trying to get rid of. Gladly this isn't Hemlock It is River water Dropwort.

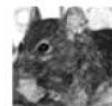
Contributions from the Playing Field, Maritime Heritage Centre and the Cricket Club will appear when they have news to share.

Anyone is welcome to send items in about life in Stiffkey. It would be lovely to hear more about some of our new neighbours as well as historic memories from the longer-term residents. dr.sallyvanson@gmail.com

THIS MONTH'S RECIPE

Cheese and tomato muffins

500g Strong plain flour
9g Fast action dried yeast
1tsp Salt
400ml Water
80ml Cold pressed rapeseed oil
5g Dried rosemary
150g Cherry tomatoes, quartered
100g Red onion, finely diced
3g Cracked black pepper
3g Salt
240g Cheddar cheese, grated



Clearview Pest Control

Moles, Rats, Mice, Wasps, etc, etc.

Now relocated back to Norfolk and due to demand also offering Window Cleaning

01760 339134 / 07952 750265

clearview.kevin@btinternet.com

Method

Put the flour, yeast and salt into a mixing bowl, add the water and 20ml of the cold pressed rapeseed oil.

Mix the dough until sticky. If you're using a stand mixer and dough hook, this will take about five minutes. Scrape down the sides of the bowl and mix for another couple of minutes.

Lightly flour your worktop and tip the dough onto this. Start to knead by stretching and folding the dough, continue until smooth. Place the dough in a bowl, cover and leave to prove for an hour.

Once the dough has proved, preheat your oven to 160°C. Tip the dough onto your worktop and knock back. Cut into eight even-sized pieces, then shape these into balls by rolling them with your hand on the work surface.

Place each piece into the muffin tin.

Top the muffins with the tomatoes, red onion and rosemary, pressing these gently into the top of the dough. Sprinkle with the salt and pepper, and drizzle over the remaining oil.

Add the cheese to the top and leave covered, to prove until each muffin rises over the top of its tin.

Place your muffins into the oven at 160°C and bake for around 20 minutes. Remove from the oven and leave to rest for 5 – 10 minutes before turning them out of the tin.

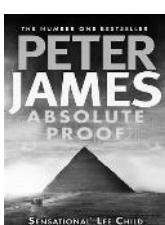
Serving suggestion

Put 30ml of cold pressed rapeseed oil and 15ml of balsamic vinegar into a ramekin for dipping, serve with mixed leaves.

NORTH NORFOLK BOOK WORMS

Absolute Proof by Peter James

After meeting on Zoom for so long, it was wonderful to be able to meet in person in July in Jane's pretty garden and share an afternoon tea. One member was in France, so we still used the benefits of technology as she sat on a screen and joined us, sadly missing out on the wonderful scones. We hope to carry on meeting face-to-face from now on. We are also trialling afternoon meetings.



Our book was *Absolute Truth* and according to the blurb, Peter James has been working on this novel since 1989. It is complex, about investigative reporter Ross Hunter who nearly didn't answer the phone call that would change his life – and possibly the world – for ever. What would it take to prove the existence of God? And what would be the consequences? This question and its answer lie at the heart of *Absolute Proof*. We could tell how much work went into writing this book by the credits at the end. The subject matter is dealt with sensitively - many religions are mentioned and there is an understanding that proof of God's existence would have a profound effect on the world across many cultures. If Ross Hunter can survive long enough to present the evidence to provide absolute proof of a divine existence, this would trigger worldwide instability with every one of the major faiths laying claim to such evidence by whatever means necessary... Promising intrigue, action, and conspiracy on a global scale this electrifying novel had us hooked from the first page to last.

The characterisation is strong - although sometimes we had to stop and think about who a named person was, as there are so many people involved! The storyline is great, not predictable, and full of suspense. The settings are appropriate and wide ranging, and we particularly liked the Los Angeles aspect. All in all, a clever end to a thought provoking and gripping read and a book that could sit on your shelves for years, worthy of a re-read now and again.

In August we met outside again, in Isabel's garden, with most members present and no Zoom required. We welcomed another new member and we reviewed *The Spy and the Traitor* by Ben MacIntyre.

Real life that is stranger than fiction. The author has worked incredibly hard to research and collate all these facts and to write them down without any exaggeration. The narrative hooked us from the start and it really is difficult to remember that you're reading about something that actually happened; it's better than any James Bond. The author has completely captured the real world of our security services and the incredibly resilient people who man them, but the driving force is Gordievsky. We lived every minute with him and the dilemmas he faces. What we found particularly engrossing was the real effect he had on the cold war and the subsequent thawing of relations between east and west.

We found some of the chapters too long and they should be broken up, especially where there are leaps in time. It could have been 100 pages shorter and would benefit from summarising in places with more emphasis on the important details which seem to be lost. We did wonder why Gordieski was so incredible when he seemed to be often limited in his use as a spy other than giving a few names of his colleagues and the current mindset of the Russian leadership.

We suspect he had to be autistic, maybe schizophrenic to cope with his double life and it made us wonder what values were really driving him. A passion for democracy or cash or excitement?

There was a lot of cultural bias. It presents the KGB as being a bit thick, clumsy and incompetent, the Brits as being skilful, plucky and full of daring-do, the Americans as being untrustworthy, and secretive.

We did feel it had too much of a right-wing prejudice with the constant calling out of Labour MP's, Trade Unionists and Guardian journalists very jarring but then needed to remember it was set in the Thatcher years.

To join the bookclub email dr.sallyvanson@gmail.com.



General Garden Maintenance Lawn Mowing
Hedge Cutting Strimming Work
Patio and Driveway Pressure Washing
Second Home and Holiday Home Garden Maintenance
Green Waste Removed



Jason Smith – 07889 233886
jpsmithgardening@gmail.com



STIFFKEY VILLAGE FACEBOOK

Our Facebook page is still growing and now has 349 members. It is being well used and we are receiving advertisements for local services. Our preference is for advertisers to post once a month however as a result of Covid we have suspended this rule as a way of supporting small businesses. There have been a couple of complaints about ‘over-advertising’ and where this happens we will delete the repetitions, so please ensure the page is being respected.

SV

TALES FROM THE RIVERBANK

When Sophia and I moved into the village in January we were thrilled to take custody of our own little stretch of the River Stiffkey. We had always dreamed of having a river run through our garden, and now that had come true. The river quickly became the focus of our attention, and we realised how lucky we are to have direct access to it. We thought it would be nice to share some of our regular observations so villagers can keep abreast of our precious river environment, and maybe look out for things from public or private vantage points to enjoy for themselves.

We've learned that if you stand and observe a patch of the river for a while it will always reward you with something interesting. Watching the same patch at different times of day, and through the progressing seasons, has been like a miniature safari.

One of the first notable creatures we spotted was a kingfisher which frequently drills past like a miniature jet fighter, just above the water. A flash of green and blue is usually all you see, but we have some trees across the bank and these have been used as a perch to fish from. This is the best chance to see them in detail, very still on a low overhanging branch. Sophia was lucky enough to see one catch a stickleback. There are many of these little fish in the shallows, and in spring the males developed red bellies to attract a mate. We could see them building little nests by the bank, and after the females had laid their eggs, they are aggressively protective of this space. We could see them fighting off anything that came close, fearlessly. There is a tougher fish however, read on....

In January and February the river water was very cloudy due to rainfall run-off from the fields, however as the weather dried (eventually!) the water was much clearer and we started to see much more detail, including numerous brown trout. These gorged themselves late in May on the clouds of Mayflies with their distinctive long tails. We've quickly learned to watch the flies not the water. If you spot one dipping onto the surface it is likely to be gobbed up by a trout, and if you are lucky they will jump right out. The trout vary considerably in size, they have laid their eggs in the gravel runs in February - unfortunately we can't see this due to the cloudy water - but now we have a clear view and if you watch the river, particularly early morning and dusk, they will be feeding. Under trees seems to be a good spot, where the water isn't clogged with weeds.

We have one trout which is always in the same spot. We've named him (or her?) ‘Rocky’ because one evening we were watching them feed and an unfortunate bumble bee landed on the water. It was huge and couldn't take off as the current swept it towards

Rocky's patch. We thought ‘surely not...?!’ but, true to form, it was gobbed up, and we thought Rocky may have a sting in the belly to contend with! It didn't slow him down and he was back feeding in moments, hence the nickname and the reputation as the river's hardest fish!

Also feeding on the flies over the river at dusk have been loads of bats. I've never seen them swoop so low over water before, indeed so close at times their wings brush it. Due to size and flight pattern we can see there is more than one species, but they are very difficult to identify at this speed! If you sit right by the bank at late dusk they literally fly right past your ears, which takes bit of getting used to at first! Unusually, one bat - a pipistrelle, as we could see it so clearly - was feeding around the tops of our riverbank trees in the middle of a very sunny afternoon with a flock of house martins, all chasing the same bloom of flying insects.

The stars of our show have been the otters. We spotted one quite quickly after moving in and provided you are still and keep quiet, they will hunt right in front of you. Look for a wake like swell, sometimes quite subtle, and a string of two bubbles rising. There doesn't seem to be a particular time of day they prefer, although Sophia has the credit for our best sighting of two adults and two cubs which swam past early one morning. They are regular visitors but move past pretty quickly, so you have to be lucky and in the right place at the right time. They do travel quite far underwater so look for the water disturbance and direction of travel, then look ahead of that spot. If you are lucky, they will come up for air and if you haven't spooked them they may swim about on the surface a while.

The otters have been busy recently, and sometimes we've spotted them several times in one day, so keep a look out and you may get lucky.

My favourite visitor we've only seen twice, but it was the cutest. A water vole swam across from our bank to the far side, then again the next evening. They sit high in the water and are about the size of a large guinea pig, so you get a good look at their very cuddly faces! I was particularly pleased because these animals are very endangered, so the fact we have them is great news. They are vegetarian and vulnerable to predation, so we are very hopeful our colony prospers. We have tried to keep our stretch of bank as natural as possible to encourage the wildlife, including these voles. We've planted a few water-margin plants, to help stabilise the bank and provide food, including marsh marigolds, angelica, water mint and iris. These have largely

Chris Wells Construction Ltd The Complete Building Service

New Builds, Renovations, Restoration,
Conversions, Extensions,
Drainage and Driveways.

Mob: 07990 553979 Home: 01328 830158
c.wells.construct@btinternet.com
chriswellsconstructionltd.co.uk

replaced the nettles we inherited!

Our most recent new visitor has been a cormorant, who has been sitting right at the top of a big tree on the Muckledyke path, then regularly hunting along the river. He has caught at least one trout, and we are mindful that with all the pressure from this and other predators, our trout population needs to thrive. They need fast flowing stretches of gravel to lay their eggs, so if we can prevent the river from silting up or becoming too choked with weed this will help them.

I've seen quite a lot of cut plants and grass cuttings floating past on certain days. I'd encourage residents to think carefully before putting anything in the river or changing the bank too radically. There is a natural balance which we can all encourage, and it is manifest that the wildlife in our river is thriving right now so let's please keep it that way.

We had a notable indication of this health recently. We heard about hemlock being spotted locally and a plant was growing in the middle of our stretch which looked suspiciously like it. Worried, we sent a photo to our contact at the Rivers Trust, and we were mightily relieved to discover it was a rare plant called river water dropwort, apparently the most characteristic of all chalk stream plants. Indeed, we were told the Glaven isn't chalky enough for it so we can all be a bit smug about our lovely River Stiffkey.

Martin Williams

MARITIME HERITAGE CENTRE

The centre is now open as usual on Sundays 11am - 4pm. Don't miss your chance to explore our maritime heritage!

Lawrence Sear describes it well on his wonderful website, and Norfolk Paradise blog says:

"It is a museum of a bygone world of crab fishing, whelking and fishing communities. It shows how the skills and traditions of boatbuilding are still being kept alive. The museum houses some 200 films of fishermen from Blakeney, Sheringham, Cromer, Wells, Brancaster and Kings Lynn reminiscing of bygone days of fishing and boatbuilding."

LOCAL HISTORY GROUP

Members of the committee of the Stiffkey Local History Group are very pleased to announce that a relaunch meeting will take place in The Exhibition Room, at Rescue Wooden Boats, Greenway, Stiffkey on Saturday 9th October 2021 at 2.30 pm.

It is sincerely hoped that as many past and present members as possible will be able to attend and a cordial invitation is extended to all potential new members who may be interested in the past achievements of the group and its plans for the future. Refreshments will be available after the meeting, when there will be an opportunity for informal discussions about the way forward for the group after these difficult months for us all.

Any queries may, as before, be directed to Geraldine Green, Hon Treasurer on 01328 830245 or to Andrew Roe, Hon Secretary on 01328 830638.

STIFFKEY PARISH COUNCIL

Footpaths

We would like to thank our few volunteers for their time and effort in order to help us keep footpaths, speed roundels and verges as clear and tidy as possible. This

has had a positive impact on our village and we appreciate the dedication this takes. We rely on volunteers to help us keep the village tidy so, if you feel you would like to help with this next year, please could you get in touch with one of the parish councillors or the clerk – clerk@stiffkeyvillage.org

Telephone box

A huge thank you to all of those who worked on the restoration of the telephone box. I am sure everyone would agree with how good it looks! The Parish Council has decided for the immediate future that no further action would be taken with regard to its function. Its longer-term use as a defibrillator is still under review, and for those interested in using it as a book swap, arrangements with the church are in place.

Garden plots

While there are no longer any vacant garden plots, the waiting list is still open. If you would like to be considered for a plot, should one become available, please get in touch with the clerk – clerk@stiffkeyvillage.org.



LANGHAM VILLAGE SCHOOL NEWS

It is very exciting to be back in school and all be together. The sun is shining for our first day, which is quite a surprise after the rather grey weather we have had through August. We are no longer in separate bubbles and it has been a joy to see the children playing together on the field.

At the end of term we were sad to say goodbye to our Year 6 children. We would like to wish them all the best at their new High Schools. We had a leaver's assembly on the last day of term on the field followed by a Summer Fair. It was so fantastic to all be together after such a long year of disruption and being in our separate bubbles. This term we welcome into Coral Class: Gus, Hermione, Jacob, Bertie, Reggie, Polly, Miles, Florence, Frank, Livvy, William, Freya, Otto, Tabitha, Archie. We also welcome Henry and Avalee to Amber Class and Olly to Quartz Class.

Over the summer holidays we have bought a mini bus, which is very exciting because it will enable us to organise lots of trips out both locally and further afield. Our first trip in it will be a Year 6 residential to Bawdsey Manor in Suffolk.

We have made some improvements to our Reception Class area, new planters and a lovely wooden pavilion. We have redecorated the classroom and we want to use all natural colours and materials. We have purchased a new mud kitchen for Coral Class too.

We can't wait to get started in our new classes. Langham continues to go from strength to strength and we are excited about all the activities and learning we have planned for the next academic year. Our vision is 'A place for fun, creativity, friendship, ambition and discovery.' This is certainly true and embedded in everything we do.

For further information please visit our website www.langham.norfolk.co.uk or follow us on twitter @langhamvill.

LYNX 140 ADS DIRECTORY

SEE FURTHER SERVICES LISTED BELOW DIRECTORY

Antiques/ Art/ Furniture/ Textiles	page	
Letheringsett Antiques & Collectibles	15	19
Nick Hamond Furniture: cabinet-maker	<i>front cover</i>	
Norfolk Open Studios 2021	9	17
Phillippa Kirby Soft Furnishings	7	18
Sandra's Soft Furnishings	5	24
Shirehall Antiques, Holt	12	4
Care Services		
Community Heartbeat advice leaflet	<i>back cover</i>	
Hindringham Toddler Group	<i>front cover</i>	
Gardening		
DB Garden Services	10	8
Finlay Newton Garden Services	16	16
Glaven Gardens	6	13
J.P.S. Gardening	25	8
Hair/ Health		
Alison Courtney Acupuncture	<i>front cover</i>	
Claire Dye: Physiotherapist	14	21
Foot Perfect	23	26
Gunthorpe Osteopaths	10	24
Marianne Atherton Homeopathy	6	11
Philippa Stancomb Reflexology	7	19
Pilates at Binham Memorial Hall	22	Elv's Woodburner Services
Tudor Barber Shop, Walsingham	18	14
Hall Rentals		
Binham Memorial Hall	9	PJ Electrics
		Goldfinch Grave Tending
		Gresham Gravel
		Keeble Roofing Contractor
		Morston Boat Yard NEW
		Norfolk Woodburners Stoves
		Paul Hennessey decorator
		Taxis
		Strong Cars
		Stuart's Taxi

Advertising space in this publication is sold in good faith and the editor/publication team can take no responsibility for the quality of goods or services offered.

GARY WALLER Painter, Decorator & Carpet Cleaner 20 Years Experience <i>No job too small</i> 01263 860705 Mob: 07990 993406
OUR MAN IN NORFOLK <i>A complete second home service</i> www.ourmaninnorfolk.co.uk Contact: Nigel Tompkins M: 07860 206565 E:nigel@ourmaninnorfolk.co.uk
CHIMNEY SWEEP David Thompson 01328 851081
SEPTIC TANKS EMPTIED & HEDGE CUTTING Contact Alison Lee 07749 951898
PETER SIMMONS AQUATIC SPECIALIST Pond cleaning and maintenance work Tel 01328 830689 Mob 07393 560373
HAMLYN PEST CONTROL County Council Accredited - NPTA Member Control of Rats Mice Wasps etc 01263 860112
FINCH GARDEN DESIGN Design - Build - Planting www.finchgardendesign.co.uk Jackie Finch 07776 292 211

IF SOMEONE COLLAPSES FOLLOW THESE INSTRUCTIONS

D **DANGER** ENSURE THE SCENE IS SAFE
FOR YOURSELF AND OTHERS. IF IT IS NOT SAFE OR YOU ARE UNCERTAIN CALL 999 AND WAIT FOR HELP TO ARRIVE

R **RESPONSE** CHECK THE CASUALTY NEEDS HELP
CHECK RESPONSE BY TALK AND TOUCH.
SPEAK TO THE CASUALTY IN BOTH EARS, TAP COLLAR BONES. DO NOT SHAKE THEM!

S **SHOUT** SHOUT FOR HELP
IF THE CASUALTY DOES NOT RESPOND, SHOUT FOR HELP.
DO NOT LEAVE THEM AT THIS STAGE. DIAL 999 NOW!

A **AIRWAY** ENSURE AIRWAY IS OPEN AND CLEAR
OPEN THE AIRWAY BY LIFTING THE CASUALTY'S CHIN AND TILTING THEIR HEAD BACK. DO NOT PUT YOUR FINGERS IN THE CASUALTY'S MOUTH, YOU MAY PUSH AN OBSTRUCTION FURTHER DOWN.

B **BREATHING** LOOK, LISTEN & FEEL FOR NORMAL BREATHING
KEEP THE HEAD TILTED BACK AND LISTEN FOR BREATHING & LOOK TO SEE IF THE CHEST IS MOVING FOR AT LEAST 10 SECONDS. IF THE CASUALTY IS NOT BREATHING NORMALLY OR YOU HAVE ANY DOUBT, CALL 999!

C **COMPRESSIONS** NOT BREATHING NORMALLY?
START COMPRESSIONS!
PLACE YOUR HANDS IN CENTRE OF THE CASUALTY'S CHEST AND PRESS DOWN HARD. JUST DO COMPRESSIONS. YOU CAN DO BREATHS IF YOU FEEL CONFIDENT - 2 BREATHS FOR EVERY 30 COMPRESSIONS - PUSH TWICE PER SECOND

D **DEFIBRILLATION** GET SOMEONE TO FETCH A DEFIBRILLATOR
IF YOU ARE ALONE DO NOT LEAVE THE PATIENT, DO CHEST COMPRESSIONS AND WAIT FOR HELP TO ARRIVE, IF SOMEONE IS AVAILABLE SEND THEM TO GET YOUR NEAREST COMMUNITY DEFIBRILLATOR

0945 86 27739

www.communityheartbeat.org.uk
Registered Charity No. 1132824

GET IT ON Google Play
Download 100% FREE

WEB NOS
Covered

NATIONAL COMMUNITY DATABASE